

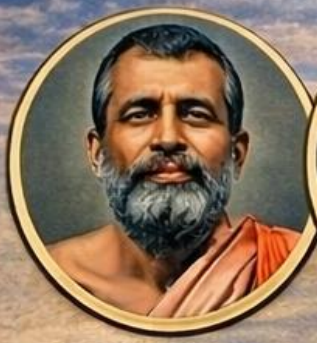


41st IAPSM WEST BENGAL STATE CONFERENCE

Arambagh, Hooghly District, West Bengal
10–11 April 2026



Arambagh: Land of Great Personalities



Sri Ramakrishna
Paramahansa
Kamarpukur



Holy Mother
Sarada Devi
Jayrambati



Raja
Rammohan Roy
Radhanagar



Bhagavati Devi
Patul village



Prafulla Chandra
Sen
Arambagh

Welcome to Arambagh

Arambagh in Hooghly district is a cradle of rich heritage and wisdom.

We are honored to host the IAPSM West Bengal State
Conference 2026 in this historic and culturally vibrant region.

Theme: NCDs Across the Life Course: Prevention, Care and Equity

Organised by

Department of Community Medicine
Prafulla Chandra Sen Government
Medical College, Arambagh

SOUVENIR

Prafulla Chandra Sen Government Medical College, Arambagh



41st IAPSMWBCON 2026



41st Annual State Conference IAPSMWBCON 2026

10th and 11th April 2026

Organized by

*Department of Community Medicine
Prafulla Chandra Sen Government
Medical College & Hospital, Arambagh*

Theme

Non-Communicable Diseases across the Life Course: Prevention, Care and Equity



Registration Fee	Till 20/03	After 20/03
Faculty/SR/MPH (IAPSM member)	2200	2500
Faculty/SR/MPH (IAPSM Non member)	2400	2700
PGT (IAPSM member)	2000	2300
PGT (IAPSM Non member)	2200	2500
Intern/ Housestaff	1600	1900
Co-delegate	1100	1300



Scan to Register

**Prafulla Chandra Sen Govt Medical College and Hospital, Arambagh
10-11th April, 2026**



41st IAPSMWBCON 2026



Conference Highlights

Enriching Scientific Sessions from National & International Stalwarts



**Prof. Akalanka Bhandari Best Research Proposal Award
Prof. M. M. Ganguly Memorial Best Research Paper Award**

Prof. Ranadeb Biswas Memorial Poster Presentation



Free Oral Paper Presentations

Post Graduate Public Health Quiz



Public Health Debate

Musical Evening and Cultural Program



Gala Dinner

**Prafulla Chandra Sen Govt Medical College and Hospital, Arambagh,
10-11th April, 2026**



About the Conference Venue



Prafulla Chandra Sen Government Medical College & Hospital, Arambagh

The 41st APSMWBCON is being hosted at Prafulla Chandra Sen Government Medical College & Hospital (PCSGMCH), Arambagh, a premier and rapidly developing government medical institution in the Hooghly district of West Bengal on 10th and 11th April, 2026. Established in 2022, the institution represents a significant step forward in strengthening medical education and healthcare delivery in the region.

Situated in the heart of Arambagh town, the campus spans over 20 acres and is designed as a modern, integrated academic and healthcare hub. The college is affiliated with the West Bengal University of Health Sciences and recognized under the National Medical Commission framework, offering undergraduate medical education with an annual intake of 100 MBBS students.

The venue boasts contemporary infrastructure, including a multi-storied academic block equipped with lecture theatres, demonstration rooms, and well-established laboratories for pre-clinical and para-clinical training. A well-stocked central library and digital learning facilities further support academic excellence.

Attached to the college is a large tertiary care teaching hospital with more than 500 beds, providing comprehensive healthcare services across major specialties. The hospital

ensures a high patient load, offering an excellent platform for clinical exposure and research, making it an ideal setting for academic discussions and scientific exchange.

The campus also includes separate hostels for undergraduate students, residential quarters for faculty and staff, and nursing accommodations, creating a self-contained academic environment.

**Prafulla Chandra Sen Govt Medical College and Hospital, Arambagh,
10-11th April, 2026**



41st IAPSMWBCON 2026



Strategically located, Arambagh enjoys excellent connectivity by both rail and road. The venue is approximately 80–90 km from Kolkata and is easily accessible from Howrah, with the nearest railway station located within close proximity to the campus.

With its blend of modern infrastructure, growing academic culture, and commitment to quality healthcare, Prafulla Chandra Sen Government Medical College & Hospital provides an ideal and inspiring venue for hosting this conference, fostering knowledge exchange and professional collaboration in a dynamic learning environment.

Some activities in our institute



**Prafulla Chandra Sen Govt Medical College and Hospital, Arambagh,
10-11th April, 2026**



Places to visit near Arambagh



Kamarpukur (14 km)

The serene birthplace of Sri Ramakrishna Paramhansa



Jayrambati (18 km):

Birthplace of Sarada Devi and home to the sacred Matri Mandir Paramhansa



Gar Mandaran (13 km)

A historic site featuring the ruins of an ancient fort, now popular as a tranquil picnic and garden spot.



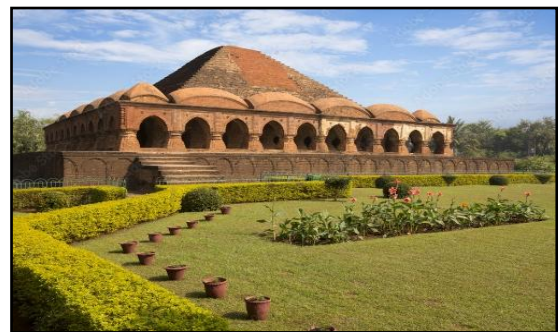
Furfura Sharif (57km)

The Mosque built by Muqlish Khan in 1375 AD is a site for pilgrimage



Joypur forest (43 km)

Situated in Bankura, it provides a serene view of the Shal, Shegun, Mahua, and Neem groves. A red graveled path winds through dense forests.



Bishnupur (57 km)

Noted for terracotta temples built by the Malla rulers & the Baluchari sarees. In 1997 the temples were placed on the UNESCO World Heritage Site's Tentative list.



41st IAPSMWBCON 2026



Message from the DME

Prof. (Dr.) Indrajit Saha

Director of Medical Education
Department of Health & Family Welfare
Government of West Bengal



Swasthya Bhaban
GN-29, Sector-V,
Salt Lake City, Kolkata - 700 091
Tel : +91 33 2333 0407
E-mail : dme.wbhealth@gmail.com

No.DME/Spl.Corresp./2026/27

Date : 23.03.2026

Message

It gives me immense pleasure to learn about the organization of the 41st Annual State Conference of the Indian Association of Preventive and Social Medicine (IAPSM), West Bengal Chapter - IAPSMWBCON, 2026, centered on the highly relevant theme, "Non-Communicable Diseases Across the Life Course: Prevention, Care and Equity."

The growing burden of non-communicable diseases presents a formidable challenge to public health systems worldwide. Addressing these challenges requires a comprehensive, life-course approach that integrates prevention, early detection, equitable care, and sustained community engagement. In this context, such academic deliberations provide a vital platform for exchange of knowledge, research insights, and best practices among public health professionals, academicians, and policymakers.

The Department of Community Medicine, with its rich heritage and longstanding contribution to public health education and service delivery, continues to play a pivotal role in shaping the future of healthcare in our State and beyond. Its commitment to excellence in teaching, research, and community-oriented healthcare has significantly strengthened the public health framework and contributed to capacity building across multiple levels.

I am confident that this conference will foster meaningful discussions and collaborative efforts aimed at addressing emerging public health challenges, particularly in the domain of non-communicable diseases. It will also inspire young professionals and students to actively engage in evidence-based public health practice.

I extend my best wishes to the organizers for the successful conduct of this conference and to all participants for a fruitful and enriching academic experience.


Prof.(Dr.) Indrajit Saha

The Principal, PCSGMC&H
Arambagh

**Prafulla Chandra Sen Govt Medical College and Hospital, Arambagh,
10-11th April, 2026**



41st IAPSMWBCON 2026



Message from the DHS

Dr. Swapan Saren

MBBS,DPH,MPH
Director of Health Services
Department of Health & Family Welfare
Govt. of West Bengal



MESSAGE

Directorate of Health Services,
Swasthya Bhavan, GN-29, Sector-V,
Salt Lake City, Kolkata – 700091
Phone : (033) 2357 7903, 2333 0404
E-mail : dhswestbengal@gmail.com

It gives me immense pleasure to learn that the Department of Community Medicine, P. C. Sen Government Medical College, Hooghly is going to host the 41st Annual State Conference of IAPSM West Bengal Chapter and publish the souvenir of the event on 11th & 12th April 2026.

Public health is the backbone of our healthcare delivery system and conferences like this enriches the field of public health. The theme of the conference, "NCDs across the Life Course: Prevention, Care and Equity," is incredibly timely. As we navigate the rising challenge of non-communicable diseases, the focus on inclusive health access, management of risk factors and community awareness are vital for the population. By addressing NCDs through the lens of prevention and equity, the conference will emphasize one of the most important health issues of present time.

Focusing on prevention, care and equity in NCDs aligns perfectly with our State's health goals. I applaud the organizers for choosing a theme that speaks to the heart of community medicine. May this conference be a fruitful platform for brainstorming, innovation and collaboration. In addition, I also hope the souvenir will help the public health specialists to gain new insights on current health issues.

I appreciate the efforts of the organizing committee to facilitate this academic exchange. I am confident that the deliberations over these two days will provide actionable insights for public health policy and practice in our state.

I wish the conference every success.

Swan 05/04/26
Dr. Swapan Saren
Director of Health Services

**Prafulla Chandra Sen Govt Medical College and Hospital, Arambagh,
10-11th April, 2026**



41st IAPSMWBCON 2026



Message from the Special Secretary (Medical Education)



Prof. (Dr.) Amit Dan
M.D. (Cal)
Special Secretary (Medical Education)
Department of Health & Family Welfare
Government of West Bengal



DES/2F
3706/2026
JD (P-F)

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Tel : +91 33 2333 0278
E-mail : ssmewb@gmail.com

No. SS (ME)/Spl./14 /2026

Dated, Kol., the 30th March, 2026

MESSAGE

I am very glad to know that the PC Sen Govt. Medical College Arambagh, Dept. of Community Medicine, Hooghly is going to publish their magazine of 41st Annual State Conference of IAPSM WB Chapter "IAPSMWBCON 2026" on 10th & 11th April, 2026 in the college premises.

The College Magazine brings the students and teachers of various disciplines on a common platform to share and display their ideas and creative talents. It also provides a platform for students to unleash their creativity and express themselves. A College Magazine reflects the consolidated efforts of the teachers and the students to contribute articles published in the magazine in a creative manner. Magazine is a platform that exhibits the literary skills and innovative ideas of teachers and students. It is an opportunity for the students to hone their intellectual skills as well as benefit in widening horizons of knowledge. I hope that the magazine will help to bring out the latent creative talents of the students and thus helps them to be good writers. I also hope that publication of magazine serve as a source of inspiration for the teachers as well as the students to contribute articles regularly to the magazine in future.

I would like to convey my heartiest congratulations for the success of publishing the Annual Magazine "IAPSMWBCON 2026" and also express my best wishes to all the participants associated with the programme and wish it a grand success.


Prof. (Dr.) Amit Dan

To
Organizing Chairperson
Prof. (Dr.) Ramaprasad Roy

**Prafulla Chandra Sen Govt Medical College and Hospital, Arambagh,
10-11th April, 2026**



Message from the President, IAPSM



Maj Gen (Prof.) Dr. Atul Kotwal

It gives me immense pleasure to know that the 41st IAPSMWBCON at PCSGMCH, Arambagh, Hooghly, West Bengal is being organised on 10th and 11th April, 2026. My commendation to the organising team for selecting a highly topical and relevant theme “NCDs Across the Life Course: Prevention, Care and Equity”. This gathering will bring all of us together to reflect on one of the most challenging aspects in today’s era of how to prevent and control Non-Communicable Diseases as these remain one of the greatest challenges to health systems worldwide, affecting individuals at every stage of life.

Together, all the participants need to explore how to: prevent NCDs through early interventions, healthier environments, and community empowerment; care for those living with NCDs by building resilient, people-centered health systems; and advance equity so that no one is left behind, regardless of age, gender, geography, or socioeconomic status.

I am looking forward to in depth dialogue, which should transcend science and policy and also discuss about shaping a future where every person has the opportunity to live a healthy, dignified life. Let us use this platform to share knowledge, inspire innovation, and forge partnerships that will drive meaningful change.

This conference is an opportunity to share evidence, experiences, and innovations that highlight the value of life course approach in tackling NCDs. It would also provide an opportunity to ignite the young minds towards this theme as NCDs represent not only a medical challenge but a profound test of our commitment to equity, justice, and human dignity.

I extend my Congratulations and heartfelt gratitude to the entire Organizing Committee for planning and conduct of this conference.

Maj Gen (Prof.) Dr. Atul Kotwal, SM, VSM (Veteran)

MBBS, MD (PSM), Post Doc Fellowship (Epid), FAMS, FRCP Edin, FIAPSM, FIPHA

President IAPSM & ICMR-Dr A S Paintal Distinguished Scientist Chair

Formerly: ED, NHSRC, MoHFW, GoI; MG Medical (SWC); Comdt GH Leh; Dir Med Research (AFMS); Prof & HoD, ACMS, N Delhi; Prof, AFMC, Pune; OSD Plng Comm; PH Adv, Govt of Botswana



Message from the President Elect, IAPSM



Dr Pradeep Kumar

Dear Dr Roy,

I am delighted to know that your institute is organising 41st Conference of IAPSM, West Bengal Chapter.

Thanks to the leadership, West Bengal Chapter of IAPSM has evolved greatly in recent years in terms of membership and various activities. I recall attending National Conference of IAPSM at Kolkata (2017), under the leadership of Dr Raghunath Mishra. I also attended the state conference of 2025 at AIIMS Kalyani. I am all praise for these events where I found lot to learn in terms of innovations being tried. Academic contents were definitely at par with the other conferences (national or state) which I have attended.

The theme chosen for this conference, “**Non-Communicable Diseases Across the Life Course: Prevention, Care and Equity**” is very apt and in alignment of VIKsit Bharat by 2047. Our health system so far worked largely for RCH and communicable diseases. With changing scenario of increased life expectancy, urbanisation, environmental pollution, altered lifestyle, the threat of NCD is real and looming upon us. Deliberations on the various aspects of this theme be the preventive, curative, health delivery system in terms of strengthening of sub centres (branding as Ayushman Arogya Mandir) or involvement of faculty from Medical Colleges in general and of Community Medicine in particular are most needed and welcomed. I am sure that this conference will come out with clear cut guideline and recommendations which will be beneficial not only to West Bengal but for the entire country.

I wish a grand success to this conference.

Long Live IAPSM!

Prof. (Dr.) Pradeep Kumar
President Elect, IAPSM 2026-27



41st IAPSMWBCON 2026



Message from the Secretary General, IAPSM



Dr. Manish Kumar Singh

Dear Esteemed Delegates!

It is a matter of immense privilege and honour to extend my warm greetings on the occasion of the 41st Annual IAPSM State Conference of West Bengal Chapter- IAPSMWBCON 2026, being hosted in the culturally rich and historically significant state of West Bengal at Prafulla Chandra Sen Government Medical College and Hospital, Arambagh.

The theme of this year's conference, "*Non-Communicable Diseases Across the Life Course: Prevention, Care and Equity*," is profoundly relevant in today's public health landscape. The growing burden of non-communicable diseases demands not only scientific rigor and clinical excellence but also a compassionate, inclusive, and equity-driven approach that spans every stage of life. It becomes imperative to reimagine our strategies—shifting from fragmented interventions to a comprehensive life-course framework that emphasizes prevention, promotes early diagnosis, ensures continuity of care, and addresses the social determinants of health.

I am confident that this conference will serve as a vibrant platform for intellectual exchange, fostering dialogue on innovative strategies, operational research, and best practices relevant to the state as well as the nation. It will further strengthen the resolve of public health professionals to translate knowledge into impactful action on the ground.

I commend the organizing committee, faculty, and students of Prafulla Chandra Sen Government Medical College and Hospital, Arambagh, for their dedication and exemplary efforts in hosting this important academic event. May this conference inspire renewed commitment, collaborative action, and transformative ideas to effectively combat non-communicable diseases and advance the goal of health equity.

I extend my best wishes for the grand success of IAPSMWBCON 2026.

With regards,

Prof. (Dr.) Manish Kumar Singh
MD (SPM-Gold Medallist KGMU), PGDHHM, ACME
FIAPSM, FIPHA, FIMSA, FIMAAMS, FAIMER Fellow, MAMS
Secretary General, Indian Association of Preventive and Social Medicine

**Prafulla Chandra Sen Govt Medical College and Hospital, Arambagh,
10-11th April, 2026**



Message from the President, IAPSM-WB Chapter



Prof. (Dr.) Kunal Kanti Majumdar

It gives me immense pleasure to know that the Indian Association of Preventive and Social Medicine (IAPSM), West Bengal Chapter is going to celebrate its 41st Annual State Conference at PC Sen Govt, Medical College, Arambagh, Hooghly on the 10th and 11th April, 2026 with the Theme of the conference as “NCDs Across the Life Course: Prevention, care and Equity”

On this occasion, a souvenir brochure will be published to commemorate the event, containing scholarly content, programme details, and messages from distinguished dignitaries and stakeholders in public health.

I convey my congratulation to the organisation members, chair persons, speakers and participants. I am sure such continuous and dedicated activities by the organisation will help to improve Public Health awareness of the communities and societies and will empower them to face the growing challenges from Non-Communicable Diseases exacerbating the existing health risks and introducing new ones. Focusing a life-course approach addressing the NCD risks from pre-conception through old age, recognizing that early-life exposures impact long-term chronic disease development and developing key strategies focusing on integrating NCD prevention into maternal, child, and reproductive health services.

I wish the conference a grand success.

Prof. (Dr.) Kunal Kanti Majumdar
Principal & Professor, Department of Community Medicine,
KPC Medical College & Hospital, Jadavpur, Kolkata, India
President, Indian Association of Preventive and Social Medicine (IAPSM), West Bengal Chapter



41st IAPSMWBCON 2026



Message from the Secretary, IAPSM-WB Chapter



Prof. (Dr.) Mausumi Basu

I have the honour to welcome you all in the 41st annual state conference of Indian Association of Preventive and Social Medicine West Bengal Chapter which is going to be organized on 10th and 11th April, 2026 at Prafulla Chandra Sen Government Medical College and Hospital with the theme of 'NCDs across the Life Course: Prevention, Care and Equity'.

It is a matter of rejoice that more than three hundred fifty members have registered in this State Conference of IAPSM WB Chapter. This will be an academic feast where scientific presentations in different forms will be held, and the delegates will be enshrined by the discussion. Undergraduate students will be felicitated for their proficiency in Community Medicine. This conference will provide an excellent platform for postgraduate students under the following categories: Best Research Proposal Grant initiated by Prof Akalanka Bhandari, Prof MM Ganguly Award Paper Presentation, Prof Ranadeb Biswas Memorial Poster Competition, and Postgraduate Quiz.

I extend my sincere thanks and warm wishes to the Organizing Committee, delegates, speakers, chairpersons and guests. I believe that some expectations of many of our members could not be translated into action and I am ready to take the responsibility for any lapses and shortcomings which I could not avoid in spite of my best effort and sincerity.

I wish this conference a great success.

Long Live IAPSM.

Mausumi Basu

Prof. (Dr.) Mausumi Basu

Professor & HOD, Department of Community Medicine
ICARE Institute of Medical Sciences and Research, Haldia, WB
Secretary, Indian Association of Preventive and Social Medicine West Bengal Chapter

**Prafulla Chandra Sen Govt Medical College and Hospital, Arambagh,
10-11th April, 2026**



41st IAPSMWBCON 2026



Message from the Organizing Chairperson



Prof. (Dr.) Ramaprasad Roy

Dear Friends and Esteemed Colleagues,

It is my great privilege, on behalf of the Organizing Committee, to extend a warm and cordial welcome to you all to the 41st IAPSM West Bengal State Conference, being hosted at Prafulla Chandra Sen Government Medical College & Hospital, Arambagh, Hooghly, West Bengal.

The theme of this year's conference, "NCDs Across the Life Course: Prevention, Care and Equity," underscores the growing importance of a comprehensive, equitable, and life-course approach in addressing the escalating burden of non-communicable diseases. It is our sincere hope that this academic congregation will provide a vibrant platform for meaningful deliberations, knowledge exchange, and collaborative learning among Community Medicine faculty, Public Health specialists, Faculties of Modern Medicine, Postgraduate trainees, and Graduate learners. We aspire that these discussions will inspire innovative strategies and strengthen our collective resolve to improve healthcare delivery, especially for the most vulnerable and underserved populations.

We express our heartfelt gratitude to our esteemed leaders—Dr. Atul Kotwal, National President, IAPSM; Dr. Manish Singh, Secretary General, IAPSM; Dr. Kunal Majumdar, President; Dr. Mausumi Basu, Secretary, IAPSM West Bengal State Chapter; and all Organizing Committee members for their invaluable guidance, encouragement, and unwavering support.

We are deeply thankful to our respected patrons, including the Health Secretary, Director of Medical Education, and Director of Health Services, for their continued encouragement and support in making this event possible. We are also privileged to receive generous cooperation from esteemed organizations such as WHO, UNICEF, West Bengal Medical Council, West Bengal University of Health Sciences and other partners, whose contributions have been instrumental in the successful organization of this conference.

It is indeed a matter of pride that this State Conference is being organized for the first time in a newly established peripheral Government Medical College. The seamless coordination and dedicated efforts of our MSVP, Dean, Academic Section, all Departmental Heads, Faculties, Trainees, IT Cell, as well as the invaluable support from PWD, vendors, decorators, and catering teams, deserve special acknowledgment.

I sincerely hope that all Faculties and Delegates will find this conference academically enriching, professionally rewarding, and personally fulfilling.

Long live our Association. With warm regards,

Prof. (Dr.) Ramaprasad Roy
Organizing Chairperson
41st IAPSM West Bengal State Conference 2026

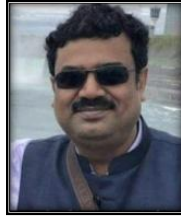
**Prafulla Chandra Sen Govt Medical College and Hospital, Arambagh,
10-11th April, 2026**



41st IAPSMWBCON 2026



Message from the Organizing Secretary



Dr. Sankar Nath Jha

Honourable Dignitaries, Respected Faculties, Delegates, my beloved students and friends,

It is with immense pleasure and pride that I welcome you to the 41st Annual Conference of the Indian Association of Preventive and Social Medicine, West Bengal Chapter (IAPSMWBCON 2026), hosted for the very first time at Prafulla Chandra Sen Government Medical College, Arambagh, Hooghly, West Bengal on 10th and 11th April, 2026. This year's conference marks a significant milestone as we gather in this newly set up peripheral government medical college known for its commitment to excellence in medical education and research. We commenced our academic journey with a series of meticulously curated pre-conference workshops aimed to enhance our skills for contemporary public health practice and research. Our team from Barasat Govt. Medical College, deserves special mention for organising 1st Pre conference workshop on 04th of this month with sixty plus attendees on FAP e-logbook with Faculties from SDMC, Kolar, Karnataka. Another workshop was arranged successfully on Artificial Intelligence on 09th April here at our college with more than fifty participants and awarded five credit points from WBMC.

The main conference features a rich tapestry of academic sessions, reflecting the latest advancements and research in our field and continues the legacy of Prof. Akalanka Bhandari research grant, Prof. M. M. Ganguly best research paper and Prof. Ranadeb Biswas poster presentation awards, celebrating outstanding contributions to public health research. Besides Public Health Postgraduate Quiz, other highlights include Faculty Free Paper Presentations, PG Debate providing platforms for dynamic discussions and expression of innovative ideas and important sessions on NCDs and other current issues on Public Health and other Medical Sciences. These events provide a wonderful opportunity for delegates to relax, network, and enjoy the vibrant cultural heritage of our region. We are extremely thankful to our National Secretary General, National President of IAPSM and National President Elect for their guidance and support and are deeply indebted to our State Secretary, State President, and all esteemed Executive Committee Members of IAPSM, West Bengal Chapter for having faith in us to host this prestigious 41st Annual State Conference of 2026.

We are very grateful to our Principal Secretary, Director of Medical Education (DME), Director of Health Services (DHS) for their kind support and encouragement and patronage. We also extend our sincere thanks to Principal, MSVP, Dean and all Faculties of PCSGMCH for their guidance and active participation. Planning and executing this academic gala involved many enthusiastic, dedicated souls committed to the cause of our organisation, and we gratefully acknowledge all the organizing committee and various Sub-Committee members from various institutions for putting in their unconditional support, led by our very inspiring

**Prafulla Chandra Sen Govt Medical College and Hospital, Arambagh,
10-11th April, 2026**



41st IAPSMWBCON 2026



Organising Chairperson our Principal Prof. Ramaprasad Sir and an enterprising and dedicated core team of department of Community Medicine, PCSGMCH, and other Organizing Committee members who have worked untiringly to ensure every dignitary and delegates are provided with the best academic experience and hospitality. The August Speakers of various scientific sessions are sincerely thanked from the bottom of our hearts for enriching us in this academic sojourn that we undertake under the theme “NCDs Across the Life Course: Prevention, Care and Equity”.

We express our sincere gratitude to all our collaborative partners, the pharmaceutical companies and organizations for their great support in ensuring a successful academic gala. As we convene here at PCSGMCH, Arambagh, let us celebrate our shared commitment to advancing public health. I hope you find the conference both intellectually stimulating and professionally rewarding. May this gathering inspire new ideas, foster collaborations, and pave the way for innovative solutions in Community medicine. Thank you for your participation and contribution to the 41st IAPSMWBCON 2026. I wish you all a memorable and enriching experience.

Long Live IAPSM

Warm regards,

Dr. Sankar Nath Jha
Organising Secretary
41st IAPSMWBCON, 2026

**Prafulla Chandra Sen Govt Medical College and Hospital, Arambagh,
10-11th April, 2026**



Organizing Team



Prof. (Dr.) Ramaprasad Roy
Organizing Chairperson



Prof. (Dr.) Indra Dutta
Organizing Vice-Chairperson



Dr. Monalisa Majumdar
Organizing Vice-Chairperson



Dr. Sankar Nath Jha
Organizing Secretary



Dr. Rajib Saha
Organizing Joint Secretary



Dr. Prabir Ghosh
Organizing Joint Secretary



Dr. Subhadip Ghosh
Organizing Joint Secretary



Dr. Debadatta Chakraborty
Organizing Treasurer



Dr. Soumyaneel Das
Organizing Asst.
Secretary



Dr. Archi Chandra
Organizing Asst.
Secretary



Dr. Swarup Mondal
Organizing Asst.
Secretary



Dr. Upasana Poddar
Organizing Asst.
Treasurer



Dr. Suman Sannigrahi
Organizing Asst.
Treasurer

National Office Bearers



**Maj. Gen Prof. (Dr.)
Atul Kotwal**
President IAPSM



**Prof. (Dr.) Pradeep
Kumar**
President Elect,
IAPSM



Dr. Manish Kumar Singh
Secretary General, IAPSM



**Prof. (Dr.) Kunal Kanti
Majumdar**
President, IAPSM-WB



Prof. (Dr.) Mausumi Basu
Secretary, IAPSM-WB

State (WB) Office Bearers



41st IAPSMWBCON 2026



Patrons



Mr. Narayan Swarup Nigam
Principal Secretary
DOHFW, GoWB



Prof. (Dr.) Indrajit Saha
Director of Medical Education
DoHFW, GoWB



Dr. Swapan Saren
Director of Health Services
DoHFW, GoWB



Prof. (Dr.) Mukul Bhattacharyya
Vice-Chancellor, WBUHS



Dr. Suchismita Pal
HOD, Anesthesiology



Prof. (Dr.) Indrani Das
HOD, FMT



Dr. Sanjoy Kunti
HOD, Biochemistry



Prof. (Dr.) Keshab Sinharay
HOD, General Medicine



Prof. (Dr.) Abhiram Majhi
HOD, General Surgery



Prof. (Dr.) Shubhankar Dasgupta
HOD, G & O



Prof. (Dr.) Arnab Karmakar
HOD, Orthopedics



Prof. (Dr.) Aniruddha Sarkar
HOD, Anatomy



Prof. (Dr.) Monoj Mukherjee
HOD, ENT



Prof. (Dr.) Nirmal Kr Bhattacharyya
HOD, Pathology



Prof. (Dr.) Ananya Mandal
HOD, Pharmacology



Prof. (Dr.) Biman Ray
HOD, Physiology



Dr. Saumen Ghara
HOD, Ophthalmology



Prof. (Dr.) Biswajit Biswas
HOD, Paediatric Medicine



Prof. (Dr.) Susmita Jana (Giri)
HOD, Radiodiagnosis



Prof. (Dr.) Anirban Das
HOD, Respiratory Medicine

**Prafulla Chandra Sen Govt Medical College and Hospital, Arambagh,
10-11th April, 2026**



41st IAPSMWBCON 2026



Advisory Committee

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**Prafulla Chandra Sen Govt Medical College and Hospital, Arambagh,
10-11th April, 2026**



41st IAPSMWBCON 2026



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**Prafulla Chandra Sen Govt Medical College and Hospital, Arambagh,
10-11th April, 2026**



41st IAPSMWBCON 2026



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**Prafulla Chandra Sen Govt Medical College and Hospital, Arambagh,
10-11th April, 2026**



41st IAPSMWBCON 2026



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***IAPSM-WB Chapter*****Composition of Executive Committee for the year 2025-2026**

Designation	Name	Institution
President	Prof. (Dr.) Kunal Kanti Majumdar	KPC Medical College, Jadavpur
Vice-President(s)	Prof. (Dr.) Indira Dey	NRS Medical College
	Prof. (Dr.) Aditi Aikat	JIMSH, Budge Budge
	Dr. Debasish Sinha	Rampurhat Govt. Medical College & Hospital
Secretary	Prof. (Dr.) Mausumi Basu	ESIC Medical College, Joka
Treasurer	Dr. Sinjita Dutta	IPGMER, Kolkata
Joint Secretary (s)	Dr. Subhrajyoti Naskar	Diamond Harbour Govt. Medical College & Hospital.
	Dr. Tushar Kanti Saha	NBMC, Darjeeling
	Dr. Ritesh Singh	AIIMS, Kalyani
Governing Council Member	Dr. Rivu Basu	AIIPH, Kolkata

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Sl. No.	Name of the institution	Name of member
1.	MJN Medical College, Coochbehar	Prof. (Dr.) Romy Biswas
2	KPC Medical College, Jadavpur	Dr. Satabdi Mitra
3	Rampurhat Govt. Medical College	Dr. Shinjini Ghosh Dr. Bisanka Biswas
4	AIIMS, Kalyani	Prof. Dr. Paramita Sengupta Dr. Farhad Ahamed
5	RG Kar Medical College	Dr. Tapobrata Guha Roy
6	College of Medicine & Sagore Dutta Hospital, Kamarhati	Dr. Kajari Bandyopadhyay
7	Bardhaman Medical College	Dr. Sulagna Das
8	CNMC, Kolkata	Dr. Maumita De
9	IPGMER, Kolkata	Prof. (Dr.) Kuntala Ray Dr. Anindita Maiti
10	Midnapore Medical College	Dr. Abhishek De
11	Bankura Sammilani Medical College	Dr. Sonali Sain
12	Raiganj Medical College	Dr. Pushpendu Biswas
13	Diamond Harbour Medical College	Dr. Debductta Haldar
14	Medical College, Kolkata	Dr. Shamima Yasmin

**Prafulla Chandra Sen Govt Medical College and Hospital, Arambagh,
10-11th April, 2026**



41st IAPSMWBCON 2026



15	Tamralipto Govt. Medical College	Dr. Pulak Jana
16	Barasat Govt. Medical College	Dr. Sanghamita Moulik
17	MJN Medical College, Coochbehar	Prof. (Dr.) Subhra Samujjwal Basu
18	NRS Medical College	Dr. Abhijit Mukherjee
19	ESI-PGIMSR, Joka	Dr. Susmita Chaudhuri
20	Sarat Chandra Chattopadhyay Govt. Medical College, Uluberia	Dr. Jayeeta Burman
21	Prafulla Chandra Sen Govt. Medical College, Arambagh	Dr. Rajib Saha

Composition of Editorial Board of Journal of Comprehensive Health for the year 2025-2026

Designation in Journal	Name
Editor-in-Chief	Prof. (Dr.) Nirmal Kumar Mandal
Editor	Prof. (Dr.) Dibakar Halder
Associate Editor	Prof. (Dr.) Subhro Samajjwal Basu
	Dr, Somnath Naskar
Assistant Editor	Dr. Soumalya Roy
	Dr. Sourav Naiya
Managing Editor	Dr. Mousumi Datta
Assistant Managing Editor	Dr. Ankush Banerjee
Editorial Board Members	Dr. Avishek Gupta
	Dr, Rajesh De
	Dr. Shibaji Gupta
	Dr. Soumyaneel Das
	Dr. Moumita Mandal

Composition of IAPSM-WB Website Committee for the year 2025-2026

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Convenor	Dr. Abhishek De
Members	Dr. Kajari Bandyopadhyay
	Dr. Arkaprabha Sau
	Dr. Sinjita Dutta
	Dr. Shibaji Gupta
	Dr. Ankush Banerjee
	Dr. Akash Dasgupta

**Prafulla Chandra Sen Govt Medical College and Hospital, Arambagh,
10-11th April, 2026**



41st IAPSMWBCON 2026



Post-Graduate Quiz

**আরামবাগ
অভিযান**

MOGOJASTRO
SEASON 3

**POST GRADUATE
PUBLIC HEALTH
QUIZ 2026**

REGISTRATIONS HAVE BEGUN:
<https://bit.ly/pgquiz2026>

VENUE: Prafulla Chandra Sen Government Medical College
Organised as part of IAPSMWBCON 2026 on 10th and 11th April 2026
For queries, contact the Quiz Coordinator at: 96819 52255

Created by Dr. Shibaji Gupta

**Prafulla Chandra Sen Govt Medical College and Hospital, Arambagh,
10-11th April, 2026**



41st IAPSMWBCON 2026



Public Health Debate

WBIAPSMCON 2026 Presents

SABHAPARBA

(সভাপর্বা)

The Youth Parliament on Public Health

Debating Policy • Shaping Health • Empowering Residents

Debate Bill: Public Health (Amendment) Bill 2026

CLICK TO REGISTER AND PARTICIPATE



Timing Breakdown

- 10 Mins: Oath & Speaker's Address
- 30 Mins: Question Hour
- 20 Mins: Zero Hour (Crisis Management)
- 50 Mins: Legislation & Bill Debate
- 10 Mins: Voting & Summation



Structure

Participants are divided into:

- Treasury Bench:** Defending Government Policy.
- Opposition Bench:** Critical Appraisal & Shadow Policy.
- Independent:** Specialized Experts/Nominees.

Eligibility & Standing Rules

- Open Eligibility:** Participation is open to all faculty members, Senior Residents, and Junior Residents of WBIAPSM.
- Speaker's Authority:** The Speaker's decision on all points of order is final and binding.
- Interruption Policy:** Running commentaries and interruptions are prohibited.
- Parliamentary Language:** Use of derogatory language will lead to immediate expulsion.

Recognition of Merit



Best Parliamentarian

Awarded for overall mastery of health policy, conduct, and logical reasoning.



Best Policy Advocate

For the Treasury member with the most persuasive defense of health schemes.



Best Speaker (Opposition)

Awarded for the most constructive and data-backed critical analysis.

**Prafulla Chandra Sen Govt Medical College and Hospital, Arambagh,
10-11th April, 2026**



41st IAPSMWBCON 2026



Official Publication of IAPSM-WB Chapter



**Prafulla Chandra Sen Govt Medical College and Hospital, Arambagh,
10-11th April, 2026**



Felicitations



Prof. (Dr.) Sarmila Mallik
MBBS (Cal), DGO (Cal), MD (SPM)

- **Present designation:**
 - Professor & Head, Dept of Community Medicine, JMN Medical College, Chakdaha, Nadia
- **Professional experience:**
 - 35 years in WBHS and WBMES
 - Acted as Principal, Tamralipto Medical College & Hospital, Tamruk, Purba Medinipur for 4 years and also worked as MSVP and Principal of Mursidabad Medical College
 - Professor of Community Medicine, worked in different medical colleges, acted as examiner in UG and PG examinations
 - Worked as editorial board member, Assistant Managing Editor and Managing Editor of Indian Journal of Public Health
 - Worked as Editor of Journal of Comprehensive Health
- **Publications:**
 - 50 publications in national and international journals
 - Reviewers of many national and international journals
 - Contributor of books 'Health Policies and Programmes in India' and 'IAPSM'S Text Book of Community Medicine'
- **Other Activities:** Participated as PI & co-PI in different projects sponsored by Govt of West Bengal, WHO & UNICEF



Felicitations



Dr. Palash Das

MBBS, DPH, MD (PSM), FAIMER Fellow

- **Present designation:**
 - Principal, Krishnanagar Institute of Medical Sciences, Krishnanagar, Nadia, WB
- **Professional experience:**
 - WBHS: 1991 to 2003 (GDMO, BMOH, Superintendent, ACMOH)
 - WBMES: 2003 to 2025 (Demonstrator, Asst. Professor, Associate Professor, Professor)
 - MSVP: Jan 2019 to August 2020, CoMSDH
 - MSVP: August 2020 to December 2025, Rampurhat GMCH
 - Retired from Govt. Service on 31.12.2025



Felicitations



Prof. (Dr.) Nirmal Kumar Mandal
MBBS, MD (SPM)

- **Present designation:**
 - Professor, Dept of Community Medicine, JIMSH, Budge Budge

- **Professional experience:**
 - Experience as Medical Officer in WHHS-11 Yrs
 - **Experience as Medical Teacher in WBMES-25 Yrs**
 - **Principal, Maharaja Jitendra Narayan Medical College & Hospital from 13.07.2022 to 28.02.2026 (Retired from Government Services on 28.02.2026)**
 - Dean of Students' Affairs, Malda Medical College, Malda
 - HOD of Community Medicine, NRS Medical College, Malda Medical College & Diamond Harbour Medical College & Hospital
 - Convenor of University Examinations
 - Chairman / Convenors of different administrative & Academic Committees

- **Publications:**
 - International Journals-6, National Journals- 17, State Medical Journals-10
 - One of the editors & Authors: A Hand Book on Biostatistics published by IAPSM WB
 - Author of one Chapter: IAPSM's Text book of Community Medicine

- **Other Activities:**
 - Participated as PI & co-PI in different projects sponsored by Govt of West Bengal

Organizational Activities:

- 1) Secretary, IAPSM, WB Chapter: 3 terms & Acted as Organizing Secretary, IAPSMWBCON 2 years
- 2) Acted as Central Council member of IAPSM for 2 terms
- 3) Acted as Joint Editor, Indian Journal of Public Health 2 terms
- 4) Initiated Journal of Comprehensive Health, Managing Editor in 2013, currently acting as the Editor in Chief

**Prafulla Chandra Sen Govt Medical College and Hospital, Arambagh,
10-11th April, 2026**



41st IAPSMWBCON 2026



With Best Compliments



Kady-K₂
TABLETS

Calcium Citrate Malate 1250 mg + Vitamin K -7 90 mcg +
Vitamin D3 1000 IU + Methylcobalamin 1500 mcg +
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**Prafulla Chandra Sen Govt Medical College and Hospital, Arambagh,
10-11th April, 2026**



41st IAPSMWBCON 2026



Forever in our Hearts!!



Prof. (Dr.) Paramita Sengupta
(25 October 1966 – 27 January 2026)

It is with profound sorrow that we announce the passing of Prof. (Dr.) Paramita Sengupta, a distinguished public health expert, visionary academic, and pioneering innovator. She was the senior-most founding faculty member at AIIMS Kalyani, serving as former Head of Community Medicine & Family Medicine and the institute's inaugural Dean (Academics). At AIIMS Kalyani, she was instrumental in building the department from its inception, fostering innovation, academic excellence, and community engagement. A dedicated mentor and leader, she inspired generations of students and colleagues.

An alumnus of SCB Medical College, Cuttack and B.J. Medical College, Ahmedabad, with an MPH from Manchester Metropolitan University, UK, Dr. Sengupta had an illustrious academic career spanning decades, including 17 years at CMC Ludhiana. Her impactful research in geriatric health, maternal care, and healthcare worker safety earned wide recognition.

She played a key role in national and international public health initiatives, including contributions to ICMR projects and collaborations with Johns Hopkins University. As an editorial board member of leading journals, she upheld the highest standards of scientific rigor.

As an Executive Member of the IAPSM-WB Chapter, she was a key figure in providing valuable insights and played a major role as the organising chairperson of IAPSMWBCON 2025 at AIIMS Kalyani.

Her passing leaves an irreplaceable void in the medical fraternity. She will be remembered for her unwavering commitment, intellect, and compassionate leadership.

**Prafulla Chandra Sen Govt Medical College and Hospital, Arambagh,
10-11th April, 2026**



Forever in our Hearts!!



Prof. (Dr.) Jyoti Bikash Saha

It is with profound grief and deep sorrow that we mourn the passing of **Prof. (Dr.) Jyoti Bikash Saha**, an eminent academician, dedicated public health expert, and an inspiring teacher whose contributions to the field of Community Medicine will always be remembered with deep respect and admiration.

Prof. Saha completed his **MBBS from North Bengal Medical College in 1973**, and was among the **first batch of students admitted to the institution**, marking the beginning of a lifelong association with the college. He later obtained his **MD in Preventive and Social Medicine (1985)** from the All India Institute of Hygiene and Public Health, Kolkata.

He spent the **major part of his distinguished career at North Bengal Medical College**, serving as both an **undergraduate and postgraduate teacher**, where he nurtured and mentored generations of medical students with dedication and compassion. He also served as a **Professor of Community Medicine at MGM Medical College, Kishanganj**, and had an illustrious teaching career spanning over **three decades**, including nearly two decades as a Professor.

A committed academician, he guided numerous theses, served as an external examiner and adjudicator across universities, and contributed significantly to medical education. His scholarly work included **27 publications in indexed national and international journals**.

Prof. Saha was actively involved in **national health programs and training initiatives**, serving as a regional trainer in areas such as UIP, RCH, epidemiological surveillance, disaster management, and health systems research. His association with reputed organizations such as **ICMR and UNICEF**, reflected his commitment to strengthening public health systems.

He also held key administrative positions, including serving as **Principal of North Bengal Medical College and ID & BG Hospital, Kolkata**, as well as **Special Secretary in the Medical Education Service**. His leadership, integrity, and vision greatly enriched the institutions he served.

A life member of esteemed professional bodies including **IPHA, IMA, IJP, and IAPSM**, he was also a thoughtful freelance writer contributing to daily print media in both English and Bengali.

Beyond his professional achievements, Prof. Saha was known for his humility, wisdom, and unwavering commitment to his students and colleagues. His demise is an irreparable loss to the medical fraternity and the field of public health.

We extend our heartfelt condolences to his family, friends, colleagues, and students. May his soul rest in eternal peace. His legacy will continue to inspire generations to come.

**Prafulla Chandra Sen Govt Medical College and Hospital, Arambagh,
10-11th April, 2026**



41st IAPSMWBCON 2026



Prafulla Chandra Sen: The Gandhi of Arambagh

Prof. (Dr.) Aparajita Dasgupta

Former Director-Professor & Head, Department of PSM, AIIHPH, Kolkata



Shri. Prafulla Chandra Sen
Former Chief Minister of West Bengal

Prafulla Chandra Sen (10 April 1897 – 25 September 1990) stands as one of the most honest, austere, resolute, and quietly formidable figures in the political history of West Bengal. A man deeply influenced by Gandhian ideals, his life was marked by sacrifice, discipline, and an unwavering commitment to public service. His journey reflects conviction, courage, and a lifelong dedication to the upliftment of society—especially rural Bengal.

A Fitting Tribute

In recognition of his immense contribution to the development of Arambagh and rural Bengal, the Government of West Bengal has paid a fitting tribute by establishing the ***Prafulla Chandra Sen Government Medical College and Hospital*** in his honor. This esteemed institution stands as a lasting symbol of his dedication to public welfare and continues to serve the people of the region with distinction.

It is therefore most apt that the *IAPSM West Bengal Chapter* has inaugurated this year's conference in this very institution on the 10th of April—an occasion made even more meaningful as it coincides with the **birth anniversary** of this stalwart.

Thus, the college, the conference, and the commemoration together form a living testament to Prafulla Chandra Sen's vision, ensuring that his ideals of service and social progress continue to inspire generations to come.

Early Life: Seeds of Discipline and Determination

Born in Senhati, Khulna district (now in Bangladesh) on 10th April 1897, Sen grew up in a modest family as one of eight siblings. He was lovingly called 'Bhutu' at home by the elders in the family. His father, Gopal Chandra

**Prafulla Chandra Sen Govt Medical College and Hospital, Arambagh,
10-11th April, 2026**



Sen, served as an engineer in Bihar's Public Works Department, a profession that required constant transfers to remote and underdeveloped areas, making education uncertain.

Understanding the importance of stability, his mother made a decisive choice—placing him and his brothers under the care of relatives in Deoghar. This proved to be a turning point. In that disciplined environment, Sen completed his matriculation and developed a strong intellectual foundation. He later joined Scottish Church College in Calcutta, where he completed his I.Sc. and B.Sc. (Honours) in Physics, securing a commendable fifth position—an impressive achievement for his time

A Turning Point: From Ledgers to Liberation (1921): “দেশের ডাকে সাদা দেওয়া”—

After graduation, Sen began his professional journey with Price Waterhouse as an article clerk, with plans to travel to London to appear in the examination of the institute of incorporated accountancy (present day CA). That time there was no examination center in India and people had to travel to London for appearing in this examination.

However, in 1921, while passing through Bombay, he attended a speech by Mahatma Gandhi during the Non-Cooperation Movement. That moment transformed his life.

Inspired by Gandhi's call, Sen abandoned his plans for a lucrative career abroad and plunged into the freedom struggle. It was a bold and irreversible decision—a complete shift from personal ambition to national service.

Freedom Struggle and Move to Arambagh (1923 onwards): Baptism by Fire

In 1923, Sen moved to Arambagh —then a neglected and underdeveloped region. Arambagh became his field of experimentation for Gandhian ideals

With khadi as his attire and service as his creed, he transformed Arambagh.

Prafulla Chandra Sen's contribution to Arambagh was profound and far-reaching. Through his emphasis on agriculture, education, rural industry, and infrastructure, he transformed a backward malaria-ridden area of Arambagh, into a developing region.

I would like to mention an anecdote which Prafulla Sen had shared with me. Once Mahatma Gandhi was informed about the mosquito-infested conditions of Arambagh and the widespread malaria there. Concerned, Gandhiji sent a telegram advising young Prafulla to apply kerosene oil over his body as a repellent.

The title “*Gandhi of Arambagh*” wasn't just a metaphor—it was a recognition that he had transplanted Gandhian philosophy into the soil of Bengal, making it tangible in everyday life. Later, he climbed the Congress ladder step by step. His role in the freedom movement came at great personal cost—he spent nearly **11 years in prison**, wearing these sacrifices as a badge of honour.

Food Minister of West Bengal: Rise in Public Life and Ministerial Role (Post-Independence) After independence, under the leadership of Bidhan Chandra Roy, Sen was inducted into the West Bengal Cabinet in 1948 as Minister of Agriculture and later handled food and related portfolios.

The challenges were immense:

- Partition-related refugee influx
- Acute food shortages
- Administrative instability



Sen responded with firmness and decisiveness by introducing rationing systems, enforcing procurement of food grains and controlling prices to prevent hoarding.

Though often unpopular, these measures helped to stabilize the state during a critical period. His administrative integrity and efficiency earned him recognition as

Dr. Roy's political successor.

Chief Minister of West Bengal (1962–1967)

After the death of Dr. Roy in 1962, Sen was chosen to succeed him as the third Chief Minister of West Bengal.

Key Initiatives and Governance

- Introduced “**Am Durbar**”—a weekly public grievance forum which included public hearing and direct interaction with citizens for swift grievance redressal.
- Focused on rural development and backward regions like Arambagh
- Strengthened decentralization and local governance
- Promoted agricultural innovation

He even visited Japan to study advanced rice cultivation techniques and established an experimental farm in Khanakul—anticipating future agricultural advancements in India.

He also introduced **urban food rationing**, a system that continues in modified form today.

Crisis, Criticism, and Political Defeat (1967)

Despite his strong and good intentions, Sen's tenure faced severe challenges:

- Consecutive droughts
- Food shortages
- Public dissatisfaction

His strict measures—such as forcible procurement of food grains—were perceived as harsh. His rigid administrative style, once an asset, began to alienate the public.

In the 1967 elections, the Congress lost power, and Sen himself was defeated from Arambagh. It marked the end of his tenure as Chief Minister. Sen briefly returned to politics in 1977 but soon withdrew from public life, choosing a quieter path of social service in line with his Gandhian values.

PC Sen: The Family Man: The Man Behind the Leader

Prafulla Chandra Sen was a confirmed bachelor, yet very much a family man. An embodiment of love, tenderness, and kindness, nothing could ever detach him from his dear ones—his siblings, his many nieces and nephews, and later their children. To us, the grandchildren, he was always “Sonada.”

He made it a point to attend family gatherings, enquired about the well-being of relatives, and nurtured close bonds across generations. These simple gestures spoke volumes about the respect he commanded and the bonds he nurtured. He possessed the rare gift of balancing public and private life with devotion. Whether we visited him at Raj Bhavan or at his Middleton Street residence, we were always welcomed by him with open arms, warmth, and affection. His presence radiated care, and his life stood as a testament to humility and tenderness—even after holding the highest office in West Bengal.

**Prafulla Chandra Sen Govt Medical College and Hospital, Arambagh,
10-11th April, 2026**



41st IAPSMWBCON 2026



Among all celebrations, Bhaiphota held a special place in his heart. Every year, it was hosted at my grandmother's home in Dum Dum, where his brothers, sisters, and friends gathered to mark the day with joy and festivity. It was P.C. Sen himself who declared that this occasion was so special it deserved recognition as a government holiday.

Even after his tenure as Chief Minister, he chose to live simply, like any commoner. I vividly recall one incident when, after his morning walk, he met with a freak accident on Park Street—struck by a car and left helpless in the middle of the road. Fortunately, a policeman recognized him and rushed him to SSKM Hospital. Siddhartha Shankar Ray, the then Chief Minister of West Bengal, immediately arrived to ensure the best possible care.

His life was marked not by grandeur, but by grace. He was a man who carried power lightly, who cherished family deeply, and who left behind a legacy of love, humility, and devotion.



My children were lucky to be blessed by PC Sen



Bhaiphota celebrated with pomp and show

It is worthwhile to mention that the apartment on Middleton Street (later renamed P.C. Sen Street), where Prafulla Chandra Sen spent the last years of his life, belonged to Ashok Krishna Dutta, a lawyer and former MP. His cook and other helpers and all household expenses were maintained by Late Balai Krishna Roy—his devoted admirer and the founder of Arambagh Hatcheries. Sen himself did not have a bank account, yet he was surrounded by countless followers and relatives who ensured that he lived in comfort and dignity until his passing. This simple yet profound detail reflects both his personal austerity and the deep affection and respect he commanded among those who believed in his ideals.

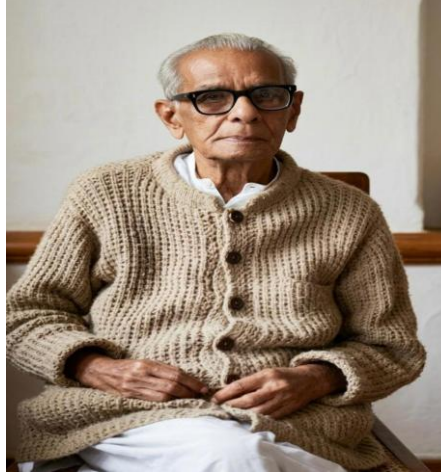
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10-11th April, 2026**



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Legacy and Final Reflection: P C Sen passed away on 25th September 1990 in Kolkata at the age of 93, leaving behind a legacy of integrity and service. While his political journey saw both success and setbacks, his contribution to rural development and public welfare remains undeniable. “মানুষ তার কর্মেই বড় হয়” (A person becomes great through his actions). He believed in action over words and service over power. That is what makes his legacy truly enduring. For many, he was a leader for others, reformer but for those who knew him closely he remained something even greater - a man of rare simplicity and deep humanity.



During the last days of his life: The sweater was knitted by my mother for her favourite mama whom she called the “Diamond” of our family

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10-11th April, 2026**



Annual performance report of the organization in the FY 2025-2026

The 40th Annual State Conference of IAPSM WB Chapter was held on 22nd and 23rd August 2025 in the auditorium of All India Institute of Medical Sciences (AIIMS), Kalyani. Around 350 participants including the faculties and post graduate students of Community Medicine from West Bengal and other States have attended the conference. Best Research Proposal Grant initiated by Prof Akalanka Bhandari, Prof M M Ganguly award paper presentation, Prof, Ranadeb Biswas Memorial poster competition, and Post Graduate quiz was held like previous years. Senior members of IAPSM and senior & junior class assistants (CA) were also felicitated. The main conference at AIIMS Kalyani featured scientific sessions, oral and poster presentations, and panel discussions on diverse themes in public health and preventive medicine. Eminent speakers and experts shared valuable insights, fostering academic exchange and collaboration among participants. IAPSMWBCON 2025 at AIIMS Kalyani was a resounding success, reflecting the spirit of learning, innovation, and collaboration in community medicine. However a very tragic and unfortunate incident was happened ; Prof Dr Paramita Sengupta, Prof of AIIMS Kalyani, GC member of IAPSM and Chairperson of 40th Annual State Conference became ill just before the conference, in spite of repeated OT and long term sufferings, she passed away on 27th January 2026.

- We organized **meetings of our executive body** on regular basis both physically and virtually, meet in the annual state conference, annual general body meeting, and post festival get together each year. This year 3 physical Meetings and many virtual meetings of Executive committee was held to discuss various issues related to functioning of our organization:
 - 1st EC meeting was held virtually on 11.09.2025 followed by another virtual one on 27.10.2025
 - 1st physical meeting held on 15-11-2025 at ESIC Medical College, Joka
 - Virtual Meetings were held on 05.12.2025; 30.12.2025; 08.01.2026
 - 2nd physical meeting was held on 17-01-2026 at Barasat Govt. Medical College and Hospital
 - Then virtual meetings were held on 22.01.2026; 02.02.2026;10.02.2026; 17.02.2026; 01.03.2026; 05.03.2026; 09.03.2026; 20.03.2026; 25.03.2026
 - 3rd physical meeting was held on 28.03.2026 at Medical College, Kolkata
- Our journal-**Journal of Comprehensive Health (JCH)** has completed another year; Two (2) issues are published in a year, January and July; we have applied for EMBASE indexing and it is under review process We have published articles from different parts of India and abroad.
- A **new IAPSM WBC website committee** was formed lead by Prof Dr Aditi Aikat and Dr Abhishek De.
- **Audit** and renewal of IAPSM WBC has been made up to date.
- FDs were created out of the collected amounts and IAPSM State chapter share.
- The **Undergraduate Medi-Quiz** dedicated to Late Dr. Saswati Nandi was successfully conducted on 25th July 2025 at IPGMER-winner team was from KPC Medical College; and the 1st Runners Up was Murshidabad Medical College. Other finalists were CNMC, Kolkata and PC Sen GMC, Arambagh.
- **World Health Day IAPSM undergraduate quiz** was held as per National Guideline in almost all medical colleges of West Bengal, the nodal persons were Dr Satabdi Mitra and Dr Shinjini Ghosh.

**Prafulla Chandra Sen Govt Medical College and Hospital, Arambagh,
10-11th April, 2026**



41st IAPSMWBCON 2026



- Dr. Shamima Yasmin was nominated from WB chapter for **reporting of activities** done under the banner of IAPSM from our State for newsletter.
- Prof Dipta Kanti Mukhopadhyay and Dr Shamima Yasmin were elected unopposed as **Editorial Board Member, Indian Journal of Community Medicine** and **Governing Council (GC) Member of IAPSM of East Zone** respectively.
- Many **CME/Workshops** were conducted like “**Orange is the new rainbow-Advanced Health Data Visualization workshop**” on 21.6 2025 at NRSMCH organized by Dr Mousumi Dutta; **Mixed Method Research Design-IPGMER** and **AI in research-14 Feb 2025** at NRSMCH.
- Awareness Rallies and Quiz on **One Health in the month of November, 2025 under IAPSM-ICMR Joint initiative** conducted by Six Medical colleges.
- Observation of **Adolescent Awareness Day** for the month of November, on 18th Nov 2025 by 3 medical colleges.
- **Two (2) Pre conferences** were held before 41st IAPSMWBCON 2026- one in 04.04.2026 at Barasat Government Med College (AUTIZ FAP e-logbook hands on training), and another in 09.04.2026 at PC Sen Government Med College (Use of AI in Medical Education).
- Among new activities, Prof Dr Anima Haldar was awarded with **Lifetime achievement** during IAPSMCON 2026 at Namoo Medical College, Silvasa.
- After many years, IAPSM WBC got **Star Performance Award** during IAPSMCON 2026 at Namoo Medical College, Silvasa.
- Another new feather in the cap of IAPSM WBC is added- **PG refresher course-PG Skill development workshop** which was held on 16 March to 19 March 2026 at IPGMER under leadership of Prof Kuntala Ray.
- We have submitted **Expression of interest for hosting IAPSMCON 2028** to the National Body of IAPSM by JIMSH Budge Budge. Prof Dr Aditi Aikat presented during IAPSMCON 2026 AGB, where 5 Med Coll have presented. We did not get the bid, voting was done by hand raising and arbitrary counting manually, which we think was not fair.
- **Guidelines for award and non-award category** were revised by a 3 membered committee consisted of Prof Palash Das, Ptof Aiti Aikat and Dr Abhishek De. They have submitted Revised award and non-award guidelines on 15th November 2025 in an EC meeting at ESIC Joka.
- **Constitution of IAPSMWBC amendment done-** A constitution amendment committee was formed during 40th IAPSMWBCON 2025 on 22nd August 2025 which includes Prof (Dr) Indira De, Prof (Dr) Sukamal Bisoi and Dr Tushar Kanti Saha. They have submitted their reports on 17th January 2026 during an EC meeting at Barasat Govt. Medical College.

Long Live IAPSM, long Live IAPSM WB Chapter.

Prof. (Dr.) Mausumi Basu
Secretary, IAPSM-WB

**Prafulla Chandra Sen Govt Medical College and Hospital, Arambagh,
10-11th April, 2026**



41st IAPSMWBCON 2026



Some photos of our activities



One health Awareness Rallies in different medical colleges of the state under IAPSM



Felicitation of Prof. (Dr.) Anima Haldar



Dr. Aditi Aikat receiving IAPSM Star performer award

**Prafulla Chandra Sen Govt Medical College and Hospital, Arambagh,
10-11th April, 2026**



41st IAPSMWBCON 2026



Glimpses of Executive Committee Meetings held in the financial year 2025-2026



**Prafulla Chandra Sen Govt Medical College and Hospital, Arambagh,
10-11th April, 2026**



Through a Child's Eyes: Understanding Community Medicine

Dr. Rajib Saha

Joint Secretary-IAPSMWBCON 2026

Associate Professor, Community Medicine PC Sen Government Medical College

“Papa, why don't you stay with us all the time?” the child asked innocently.

The father smiled and replied, “Because I have work and responsibilities, just like you have to go to school.”

“Where is your school, Papa?”

“It's actually a college—a bigger version of a school.”

“So, are you a teacher like our madam?”

“Yes, you can say that.”

“What do you teach?”

“I teach Community Medicine.”

The child paused, puzzled. “What is Community Medicine, Papa?”

The father thought for a moment and explained, “It is about taking care of people throughout their lives—making sure they stay healthy from childhood to old age. Think of it like planting a seed. When you water and care for it, it grows into a strong, healthy plant. In the same way, we help people grow healthy and strong.”

The child frowned slightly. “It sounds complicated...”

So, the father simplified, “It means helping many people stay healthy, not just treating one person when they fall sick.”

“Like a doctor for everyone?”

“Exactly. Not just treating illness, but also stopping people from getting sick.”

“How do you do that?”

“By teaching simple things—like washing hands, eating healthy food, and getting vaccines.”

The child's eyes lit up. “Oh! Like when you tell me to wash my hands before meals?”

“Yes,” the father smiled, “you are already helping in Community Medicine.”

After a brief silence, the child asked thoughtfully, “If it is so useful, why don't people talk about it much?”

“That's because many people think of doctors only when they are sick,” the father explained. “They don't always understand the importance of staying healthy before illness happens. It's like fixing a broken toy instead of taking care of it so it never breaks.”

The child nodded slowly.

“And sometimes,” the father continued, “the work feels big—taking care of whole communities, planning for many people. Also, when people don't fall sick, they don't always notice why. That makes it harder to understand its value.”



“So what should we do?”

“We should explain it simply and show how small actions can keep everyone healthy.”

The child smiled proudly, “I will tell my friends!”

Encouraged, the father added, “And it’s not just about handwashing. Community Medicine helps in many ways—keeping mothers and babies healthy, ensuring vaccination, promoting good nutrition, maintaining clean water and surroundings, controlling diseases, supporting mental health, improving safety in schools and workplaces, preparing for emergencies, and guiding families towards healthy living.”

“Wow... it does so many things!”

“Yes,” the father said gently, “it protects people in every stage of life.”

“Like a big umbrella?”

“Exactly.”

After a pause, the child asked another curious question, “Papa, don’t you treat patients like other doctors?”

“I do,” the father replied, “but my main work is a little different. While other doctors treat one patient at a time, I try to help many people together. For example, if dirty water is making people sick, a doctor treats each patient—but I try to fix the water problem so no one gets sick at all.”

“Oh! You stop the problem before it starts!”

“Yes,” he smiled. “But if someone comes to me sick, I will treat them or guide them properly.”

The child seemed impressed. “So you are both a doctor and a protector!”

The father laughed softly. “You can say that.”

Still curious, the child asked, “What do you actually do every day?”

The father explained, “I visit communities, study health problems, plan programs to prevent diseases, teach students and health workers, organize vaccination drives, work with systems to improve services, and help control outbreaks. My goal is simple—to keep as many people healthy as possible.”

The child thought for a moment and said, “So you are like a health planner for everyone!”

“That’s a very good way to put it,” the father replied.

Finally, the child said, “Then you should sit in a clinic like other doctors so people know you are a doctor.”

The father nodded thoughtfully. “I can sit in a clinic, but I will do something special there. I will treat patients, but also find out why they became sick. I will talk to families, teach them how to stay healthy, screen people early, manage long-term diseases, and guide them to the right care. My clinic will not just cure illness—it will help people stay well.”

The child smiled brightly. “So, it’s a ‘stay healthy clinic’!”

“Exactly,” the father said. “A place where people don’t just come to get better, but to remain healthy.”



One Man's Vision, A Nation's Awakening: The Abolition of Sati

Dr. Soumyaneel Das

Assistant Organising Secretary, 41st IAPSMWBCON 2026

Assistant Professor, Community Medicine, PC Sen Government Medical College & Hospital

The history of social reform in India is illuminated by the courage and conviction of individuals who dared to challenge entrenched traditions. Among them, Raja Rammohan Roy stands as a towering figure whose relentless efforts led to one of the most significant humanitarian milestones in Indian history—the abolition of the inhumane practice of Sati, or Satidaha Pratha. His vision not only transformed societal attitudes but also ignited a broader awakening that reshaped the moral fabric of the nation.

Sati, the practice of immolating a widow on her husband's funeral pyre, had long been justified under the guise of religious custom and social honor. In reality, it represented a grave violation of human dignity and women's rights. Widows, often young and vulnerable, were subjected to immense social pressure, coercion, and, in many cases, force. The persistence of such a practice reflected deeply rooted gender inequalities and the marginalization of women in traditional society.

It was against this backdrop that Raja Rammohan Roy emerged as a voice of reason and reform. Deeply influenced by his knowledge of scriptures, philosophy, and humanistic values, Roy challenged the very foundations on which Sati was defended. He argued that the practice had no true sanction in ancient religious texts and was, instead, a distortion perpetuated by orthodoxy. His approach was both intellectual and empathetic—he combined scholarly critique with a profound concern for human suffering.

Roy's campaign against Sati was not limited to theoretical arguments. He actively engaged with the public, wrote extensively, and mobilized support to raise awareness about the cruelty of the practice. His efforts extended to influencing policy, where he played a pivotal role in persuading the colonial administration to intervene. This culminated in the historic enactment of the Bengal Sati Regulation 1829 under Governor-General Lord William Bentinck, which formally declared the practice illegal and punishable by law.

The abolition of Sati was more than just a legal reform; it was a turning point in India's social evolution. It signaled the beginning of a new era where tradition could be questioned, and reform could be pursued in the interest of justice and humanity. Roy's work inspired subsequent reform movements addressing issues such as widow remarriage, women's education, and child marriage. His legacy thus extends far beyond a single cause—it lies in fostering a spirit of critical inquiry and social responsibility.

From a broader perspective, the abolition of Sati also highlights the intersection of social reform and public well-being. Practices that undermine dignity and equity inevitably affect the health and well-being of communities. By advocating for the rights and protection of women, Roy contributed not only to social justice but also to the foundation of a healthier and more equitable society.

In today's context, his vision remains profoundly relevant. While Sati has long been abolished, societies continue to grapple with various forms of gender-based discrimination and harmful practices. The story of Raja Rammohan Roy serves as a reminder that meaningful change often begins with the courage of one individual, but its impact can resonate across generations.

“One Man's Vision, A Nation's Awakening” is not merely a reflection on the past; it is a call to action. It urges us to question injustice, advocate for equity, and work collectively towards a society where dignity and compassion prevail. As we honor the legacy of Raja Rammohan Roy, we are reminded that true progress lies in our ability to transform vision into action—for the betterment of all.



Out-of-Pocket Expenditure in India: Status and Way Forward

Dr. Anirban Dalui

*Assistant Professor, Community Medicine, Barasat Government Medical College
Joint Secretary, IPHA-HQ*

Introduction

Out-of-Pocket Expenditure (OOPE) refers to the direct payments made by individuals to healthcare providers at the time-of-service use, excluding any pre-paid or reimbursed costs. It is a critical indicator of the financial protection offered by a healthcare system. High OOPE implies that households bear a significant burden of healthcare costs, often leading to catastrophic expenditure and impoverishment.

India has historically exhibited one of the highest OOPE shares globally, making it a central concern in public health policy. Although recent reforms have reduced its share, it continues to pose structural challenges to equity, accessibility, and affordability in healthcare.

Health Financing Theory

Healthcare financing systems across the world are generally categorized into three primary models¹:

1. **Tax-based financing (Beveridge model)** – In this system, healthcare is funded through general taxation, and services are typically provided by government institutions. Countries like the United Kingdom follow this model.
2. **Social health insurance (Bismarck model)** – This approach relies on mandatory contributions from employers and employees to finance healthcare through insurance funds. Germany is a classic example of this model.
3. **Out-of-pocket expenditure (OOPE)** – This refers to direct payments made by individuals at the point of service, without reimbursement. OOPE remains the dominant mode of healthcare financing in many developing countries.

Among these, OOPE is widely regarded as the least efficient and most inequitable form of healthcare financing for several reasons:

- **Absence of risk pooling:** Unlike tax-based or insurance-based systems, OOPE does not distribute financial risk across a population. Individuals bear the full cost of illness, making them vulnerable to financial shocks.
- **Regressive financial burden:** OOPE disproportionately affects low-income households, as they spend a larger share of their income on healthcare compared to wealthier groups.
- **Delayed or foregone care:** High out-of-pocket costs can discourage individuals from seeking timely medical attention, often resulting in worsened health outcomes and higher long-term costs.

Overall, a heavy reliance on OOPE is associated with increased financial hardship, including the risk of catastrophic health expenditure and impoverishment.

Catastrophic Health Expenditure (CHE):

OOPE becomes catastrophic when it exceeds 10–25% of a household's income or consumption, severely affecting financial stability. It often forces distress financing such as borrowing at high interest, selling assets, or cutting essential expenses like food and education, pushing families into poverty².

Market Failure in Healthcare:

Healthcare markets suffer from key inefficiencies:

- **Information asymmetry:** Patients lack medical knowledge, enabling overcharging or unnecessary treatment.
- **Externalities:** Services like vaccination are underprovided by markets despite social benefits.

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10-11th April, 2026**



- Uncertainty: Unpredictable illness makes financial planning difficult.

These failures justify government intervention. However, low public spending in India increases reliance on OOPE, worsening inequality and catastrophic expenditure.

Status of Out-of-Pocket Expenditure (OOPE) in India National Trends

India has made measurable progress in reducing the share of out-of-pocket expenditure (OOPE) in total health spending over the past decade. OOPE declined from approximately **64% in 2013-14** to about **39% in 2021-22**, reflecting improvements in public financing and insurance coverage. However, it remained relatively high at **47.1% in 2019-20**, placing India among countries with a significant reliance on direct payments.

Despite this decline, the improvement is neither uniform nor entirely indicative of reduced financial burden:

- **OOPE as a share of household consumption** has increased in both rural and urban areas, suggesting a continued strain on household budgets.
- **Absolute healthcare spending** by households continues to rise, even with the expansion of public insurance schemes.
- Regional and socio-economic disparities persist, with poorer states and vulnerable populations experiencing higher financial stress.

These trends indicate that while proportional reliance on OOPE has decreased, the **real economic burden on households remains substantial**.

Public Health Spending Context

Public expenditure on healthcare in India remains relatively low³:

- Government health expenditure is estimated at **~1.6-1.9% of GDP**
- In comparison, the average for low- and middle-income countries (LMICs) is around **~6% of GDP**

This gap highlights a structural issue in healthcare financing. Low public investment limits the availability, accessibility, and quality of public healthcare services, thereby compelling individuals to seek private care and incur higher out-of-pocket costs.

A strong inverse relationship exists between **public health spending and OOPE**: countries with higher government spending typically exhibit lower reliance on direct household payments.

Composition of OOPE⁴

The structure of OOPE in India reveals key drivers of financial burden. Major components include:

- **Medicines**: The largest share of OOPE, largely due to high reliance on private pharmacies and limited availability of free drugs in public facilities.
- **Diagnostics**: Increasingly significant due to the growing role of tests and imaging in modern healthcare.
- **Doctor consultation fees**: Especially prominent in private sector care.
- **Hospitalization costs**: Including both inpatient care and associated expenses.
- **Transport and informal payments**: Often overlooked but important contributors, particularly in rural areas.

The dominance of spending on medicines and outpatient care highlights gaps in **primary healthcare provisioning** and drug price regulation.

Comparison of OOPE Across Countries⁵

Category	Country	OOPE (% of Total Health Expenditure)	Key Features
Developed	USA	~10-12%	Strong insurance, high public spending
	UK	~15%	Universal Health Coverage (UHC)
	Germany	~13%	Social insurance, broad coverage



Emerging	China	~32%	Expanding insurance, improving coverage
	Brazil	~25%	Public health system (SUS)
	India	~39-47%	High reliance on OOPE, fragmented insurance

Countries with UHC and higher public spending have significantly lower OOPE, while India's higher OOPE reflects weaker risk pooling and limited financial protection.

Issues Arising from High Out-of-Pocket Expenditure (OOPE)⁶

Impoverishment: OOPE is a leading cause of poverty. According to the World Bank, 55-60 million Indians were pushed into poverty annually during the 2010s due to healthcare costs. The World Health Organization (WHO) estimates that over 17% of households face catastrophic health expenditure. Such financial shocks often force families to sell assets or withdraw children from education, leading to intergenerational poverty.

Inequity in Access: High OOPE widens inequality in healthcare access. NSSO data show that over 30% of the poorest households avoid treatment due to financial constraints, compared to less than 10% among the richest. Rural populations are particularly affected due to weaker public health infrastructure, resulting in unmet healthcare needs.

Distress Financing: Many households rely on distress financing to meet medical expenses. NSSO (75th Round) reports that over 40% of hospitalized households borrow money or sell assets, rising to more than 50% among the poorest. This often leads to long-term indebtedness, especially in rural areas.

Adverse Health Outcomes: High OOPE discourages timely treatment, leading to delayed diagnosis, increased morbidity, and higher mortality. Financial barriers are a key reason for untreated illnesses in India.

Gender Impacts: Women are disproportionately affected, with lower hospitalization rates and reduced access to care due to intra-household resource constraints, worsening health outcomes.

Reasons for High Out-of-Pocket Expenditure (OOPE) in India

High out-of-pocket expenditure (OOPE) in India is driven by structural weaknesses in the healthcare system.

- **Low Public Health Expenditure:** Government spending on health remains below 2% of GDP (~1.6-1.9%), far lower than global averages. This leads to inadequate infrastructure and shortages of healthcare professionals, forcing patients to rely on costly private care.
- **Dominance of Private Sector:** The private sector provides over 70% of outpatient care and around 60% of hospitalizations (NSSO). However, it is expensive and weakly regulated, often resulting in high charges and unnecessary procedures, increasing OOPE.
- **High Cost of Medicines:** Medicines account for 40-50% of OOPE. Limited availability of free drugs in public facilities, dependence on private pharmacies, and overuse of branded medicines significantly raise costs.
- **Limited Insurance Coverage:** Although schemes like Ayushman Bharat PM-JAY have expanded coverage, they mainly cover hospitalization. Outpatient care (OPD), which forms a major share of health expenses, is largely excluded, reducing financial protection.
- **Weak Primary Healthcare:** Inadequate and underutilized primary health centers push patients to seek care at higher-level facilities, leading to higher treatment costs.
- **Fragmented Health System:** Multiple uncoordinated central and state schemes create inefficiencies, duplication, and gaps in care, increasing patient expenses.
- **Hidden Costs:** Even insured patients incur additional expenses on diagnostics, medicines, and transport, especially in rural areas.



Government Initiatives

Central Government Initiatives (India)

- Ayushman Bharat - Pradhan Mantri Jan Arogya Yojana (AB-PMJAY): This is the world's largest health assurance scheme, providing ₹5 lakh per family per year for secondary and tertiary care hospitalization to nearly 55 crore individuals (bottom 40% of the population).
- Expansion (2024-2025): The scheme has been expanded to cover all senior citizens aged 70 and above, regardless of income, under the Vay Vandana Card.
- Ayushman Arogya Mandir (formerly Health & Wellness Centres): Over 1.76 lakh centres have been operationalized to provide comprehensive primary healthcare, including free essential drugs and diagnostic services, reducing the need for referrals and out-of-pocket spending.
- Pradhan Mantri Bhartiya Janaushadhi Pariyojana (PMBJP): Aims to provide quality generic medicines at affordable prices through over 14,000 Jan Aushadhi Kendras across the country.
- National Free Drugs and Diagnostic Services Initiative: Provides financial support to states to ensure essential drugs and diagnostics are free in public health facilities.
- AMRIT Pharmacies: Set up in select hospitals to sell cancer and cardiovascular drugs at significantly discounted prices.
- eSanjeevani: A national teleconsultation service that reduces travel and logistical costs for patients.

West Bengal State Government Initiatives

- Swasthya-Sathi Scheme: A flagship state-run, cashless health insurance scheme launched in 2016. It provides basic health coverage of up to ₹5 lakh per family per annum for secondary and tertiary care. It is fully funded by the state government, covers pre-existing diseases, has no cap on family size, and includes parents from both spouses. Over 2 crore families are covered. As of 2025, studies indicate it has reduced OOPE by over 70% for some critical treatments, although 33% of beneficiaries still experience residual out-of-pocket costs, primarily due to non-covered diagnostics.
- Fair Price Medicine Shops (FPMS): A unique public-private partnership (PPP) model, active since 2012, located within public hospital premises. These shops offer generic medicines at high discounts (48%–77.2% on MRP) to patients with valid prescriptions.
- West Bengal Health Scheme (WBHS): A dedicated, structured medical benefit program for state government employees, pensioners, and their family members, providing cashless treatment up to ₹1.5 lakh per treatment in empanelled hospitals.
- West Bengal Clinical Establishments Regulatory Commission (WBCERC): Established under the 2017 Act to regulate private hospitals and nursing homes, ensuring transparency and providing quick redressal against overbilling.
- Free Treatment in Public Hospitals: The state ensures free-of-cost inpatient care and diagnostic services in public hospitals, including the addition of specialized beds for tuberculosis and other diseases.

Key Differences in Approach

Central	West Bengal
Focuses on insurance-based coverage (AB-PMJAY) and expanding primary care (Ayushman Arogya Mandir).	Combines a public insurance scheme (Swasthya Sathi) with strong regulatory control over private providers (WBCERC) and a subsidized medicine model (Fair Price Shops)

Way Forward to Reduce High OOPE in India^{9,10}

Reducing out-of-pocket expenditure (OOPE) in India requires systemic reforms and increased public investment.

Public Health Spending should be increased. Raising government health expenditure to 2.5–3% of GDP can strengthen infrastructure, expand the healthcare workforce, and reduce dependence on expensive private care.



Universal Health Coverage (UHC) including Schemes like Ayushman Bharat PM-JAY should be expanded to include outpatient care, preventive services, and chronic disease management. Comprehensive coverage can protect households from financial shocks.

Improving primary health centres as the first point of care can enable early diagnosis and reduce costly hospital visits. Preventive care and health awareness should be integrated.

Private Sector should be regulated by introducing price regulation, transparent billing, and stronger oversight can curb overcharging and unnecessary procedures while maintaining access.

Expand Free Drugs and Diagnostics: Ensuring availability of free essential medicines and subsidized diagnostic services in public facilities can significantly reduce OOPE, as these form the largest share of expenses.

Leverage Digital Health: Telemedicine, electronic health records, and digital payments can improve efficiency, reduce duplication of tests, and lower indirect costs like travel.

Replicate Best Practices: Successful models from states like Kerala and Tamil Nadu—focused on strong public healthcare and free medicines—should be adapted across states.

Enhance Awareness: Improving awareness about insurance schemes and promoting early care-seeking can help households reduce financial burden.

Conclusion

Out-of-Pocket Expenditure remains one of the **most critical challenges in India's healthcare system**. While recent policy interventions have reduced its share in total health expenditure, the burden on households remains high in absolute terms. Structural issues—such as low public spending, private sector dominance, and inadequate insurance coverage—continue to drive OOPE.

Comparatively, India lags behind both developed and emerging economies in providing financial protection against health shocks. Interstate disparities further complicate the scenario, highlighting governance and institutional differences.

Reducing OOPE is not merely a financial goal but a **social imperative**. It requires a multi-pronged approach involving increased public investment, systemic reforms, and strengthened primary healthcare. Only then can India move towards **equitable, accessible, and affordable healthcare for all**.

References

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41st IAPSMWBCON 2026



41st IAPSMWBCON 2026: Programme Schedule Department of Community Medicine, Prafulla Chandra Sen Govt. Medical College, Arambagh, Hooghly.

Day 1 10th April 2026(Friday)

Time	PC Sen Hall (Auditorium) (2nd Floor)	Raja Rammohan Hall [LT-4] (5th floor)	Vidyasagar Hall [LT-5] (5th floor)	Hall -3 [MEU Centre](5 th Floor)
9 AM onwards	Registration			
9:30 AM-10: 30AM	Full Paper Presentation of Previous Year 'Best Research Proposal' Award (Initiated by Prof Akalanka Bhandari) Presenter: Dr. Saimi Bhattacharyya Chairpersons: Prof (Dr) Dilip Kumar Das, Prof (Dr) Rabindra Nath Roy			
10:30AM-11:30AM	Session 1: 10:30 - 11:30 Type -I Diabetes: Continuum of Care - Our Responsibilities Speaker: Prof. (Dr.) Sujoy Ghosh Chairpersons: Dr Sanjay Sud, Dr.Nabanita Chakraborty Session 2: 11:00 – 11:30 Heart Failure: Newer Drugs Speaker: Dr. Sunil Lhila Chairpersons: Dr. Monojit Mukherjee Dr. Swapan Sarkar	Session 1: 10:30 – 11:10 Newer updates in CBME Curriculum 2024-25 Speaker: Dr Sanjoy Kumar Kunti Chairpersons: Dr. Manisha Sarkar,Dr. Amandeep Kaur Session 2: 11:10 – 11:30 Rational Prescribing Need of the Day Speakers: Prof Dr.Ananya Mandal Dr. Rudra Paul Dr. Chitrita Ghosh Chairpersons: Prof (Dr.) Asish Biswas, Dr Gandhari Basu, Dr. Sk Golam Mortuja	Session 1:10:30 – 10:50 Obesity and Type 2 Diabetes: Emerging Global Trends and Public Health Challenges Speaker: Dr Debdatta Chakraborty Chairpersons: Prof (Dr.) Mausumi Basu,Dr. Somak Majumdar Session 2: 10:50 – 11:10 Recent trend in dietary and pharmacological interventions in Obesity. Speaker: Dr Suman Sannigrahi Chairpersons: Prof.(Dr.) Monalisa Majumder, Dr. Santanu Ghosh Session 3: 11:10 – 11:30 Exploration of Thyroid hormone action at molecular level with different situations encountered in Laboratory evaluation (6 minutes per speaker) Speakers: Dr Sanjay Kumar Kunti Dr. Kasturi Mukherjee Dr. Dipanwita Majumder Chairpersons: Prof.(Dr) Urmila Dasgupta,Dr Sourish Chatterjee	Session 1: 10:30 – 11:00 Dr. Ranadeb Biswas Poster Presentation Competition Session 2: 11:00 – 11:30 Free Poster Presentation for PGT/SR Chairpersons: Prof. (Dr.) R.N..Sinha, Dr Tushar Kanti Saha

**Prafulla Chandra Sen Govt Medical College and Hospital, Arambagh
10-11th April, 2026**



41st IAPSMWBCON 2026



11:30AM-12:30 pm	<p>Session 1: 11:30 – 12:00 Prevention of Heart Failure</p> <p>Speakers: Dr.Sankar Nath Jha Prof. (Dr.) Keshab Sinha Roy</p> <p>Chairpersons: Prof. (Dr.) Debasis Sinha, Dr Mousumi Datta ,Dr. Amitabha Chattopadhyay</p> <p>Session 2: 12:00 – 12:30 Metabolic dysfunction associated steatotic liver disease (MASLD) - Public Health Impact</p> <p>Speaker: Dr. Sanjoy Banerjee (ILS, Kolkata)</p> <p>Chairpersons:Prof.(Dr.) Aparajita Dasgupta,Dr Anindya Mukherjee</p>	<p>Session 1: 11:30 – 11:50 Consent: In medical research and clinical practice</p> <p>Speakers: Prof. (Dr) Indrani Das, Dr Swarup Mondal Chairpersons: Dr. Adwitiya Das, Dr. Sinjita Dutta</p> <p>Session 2: 11:50 – 12:30 PM Prescription for Poverty: Breaking the Cycle of Out-of-Pocket Expenditure</p> <p>Panelists: Dr Simantini Mukhopadhyay Assistant Professor, Economics, IDSK</p> <p>Prof Dr Atul Kotwal National President IAPSM</p> <p>Dr Pritam Roy WHO</p> <p>Dr Ashok Nandi Physician, entrepreneur and Representative of IMA HQ</p> <p>Prof Dr Kaushik Mitra Secretary General IPHA HQ</p> <p>Moderator: Dr. Anirban Dalui</p> <p>Chairpersons: Prof (Dr) Pradip Kumar Prof (Dr) Rama P Roy Prof (Dr) Indra Dutta</p>	<p>Session 1: 11:30 – 11:50 Early Identification and Prevention of Suicide in Primary Care Settings</p> <p>Speaker: Dr Rajib Saha</p> <p>Chairpersons: Prof. (Dr.) Biman Roy, Dr. Supantha Chatterjee</p> <p>Session 2:11:50- 12:10 PM Gatekeeper Training for Suicide Prevention: Role of Teachers, Health Workers and Community Leaders</p> <p>Speaker: Dr Upasana Poddar</p> <p>Chairpersons: Prof (Dr.) Aditya Prasad Sarkar, Dr. Kakoli Boral, Dr. Debjani Sengupta</p> <p>Session 3: 12:10 – 12:30 Mental health and Building Resilience among Undergraduate Medical Students.</p> <p>Speaker: Dr. Archi Chandra Chairpersons: Prof(Dr.) Baijayanti Baur,Prof. (Dr) Dibakar Haldar</p>	<p>Session 1: 11:30 – 12:30 PM Free oral Presentation for PGT/SR (Non Award Category)</p> <p>Chairpersons: Prof.(Dr.) Indira Dey,Prof (Dr.) Ranabir Pal,Prof (Dr.) Gautam Dhar, Dr. Debdutta Haldar</p>
12:30PM-1:30PM	<p>Formal Inaugural Session: Inauguration and Welcoming of Delegates Felicitation of Class Assistants in Community Medicine</p>			
1:30PM-2:30PM	<p>Lunch</p>			

**Prafulla Chandra Sen Govt Medical College and Hospital, Arambagh,
10-11th April, 2026**



41st IAPSMWBCON 2026



2:30PM-3:30 PM	<p>Session 1: 2:30 – 3:00 PM AMR Stewardship (Symposium)</p> <p>Speakers: Prof (Dr) Diptendra Sarkar, IPGMER Dr Pritam Roy , WHO Chairpersons: Prof. (Dr.) Kunal Kanti Majumder ,Prof.(Dr.) Aditi Aikat, Dr.Sanghamitra Maulik</p> <p>Session 2: 3:00 – 3:30 PM Antimicrobial Resistance: Microbiologist Point of View</p> <p>Speakers: Prof (Dr) Monalisa Majumdar Dr Prabir Kumar Ghosh</p> <p>Chairpersons: Prof (Dr.) Romy Biswas, Dr. Priyanka Mukhopadhyay, Dr. Maumita De</p>	<p>Session 1: 2:30 – 3:00 PM Role of UNICEF IN Childhood Non Communicable Diseases</p> <p>Speaker: Dr.Vandana Bhatia Chairpersons: Prof.(Dr.)Raghunath Misra ,Prof. (Dr.) Manidipa Roy</p> <p>Session 2: 3:00 – 3:30 Hypertension - its burden on the community in current perspective]</p> <p>Speaker: Dr Sanjay Sud</p> <p>Chairpersons: Dr.Sankar Das, Dr. Md Samsuzzaman</p>	<p>Session 1: 2:30 – 2:50 Breaking the Silence: Integrating Female Sexual Dysfunction into Public Health Practice</p> <p>Speaker: Prof (Dr) Sanjay Saha Chairpersons: Prof (Dr) Kuntala Ray, Dr. Amrita Samanta</p> <p>Session 2: 2:50- 3:10</p> <p>Adverse Drug Reactions (ADRs) of First line Anti TB Drugs (ATDs)</p> <p>Speaker: Dr. Anirban Das Chairpersons: Dr. Subhodip Ghosh, Dr. Pramit Ghosh</p>	<p>Session: 2:30 – 4:30 PM SABHAPARBA</p> <p>Moderators: Dr. RivuBasu, Dr. Akash Dasgupta</p> <p>Treasury Benches: Dr. Soumit Roy Dr. Mortuja Golam Sk Dr. Piush Pandey Dr. Aishi Roy Dr. Rachit Harode Dr. Subham Roy Choudhury Dr.Khullakpam Aashif Iqbal</p> <p>Opposite Benches: Dr. Shuvro Bhattacharya Dr. Prabuddha Goswami Dr Arup Kundu Dr Mousumi Datta Dr. Jui Chatterjee Dr. Vighnesh Devulapalli</p> <p>Judges: Prof(Dr). Sarmila Mallik, Prof (Dr.) Samir Dasgupta, Prof (Dr.) Nirmal Kr Mandal</p>
3:30PM-4:30 PM	<p>Session 1: 3:30 – 4:00 PM Career Opportunities after Post Graduation in: Public Health and Others</p> <p>Speakers: Dr. Amitabha Sarkar Dr. Sankar Nath Jha</p> <p>Chairpersons: Dr. Subhrajyoti Naskar, Dr. Fashihul Akbar, Dr Nivedita Das</p> <p>Session 2: 4:30 – 4:30 PM Subclinical Hypothyroidism – Bigger Picture</p> <p>Speaker: Dr. Sankar Nath Jha</p> <p>Chairpersons: Prof.(Dr.) Kaushik Mitra, Dr. Sanjib Bandyopadhyay</p>	<p>Session 1: 3:30 – 4:00 PM PCOD in Adolescent Age group</p> <p>Speaker: Prof (Dr) Subhankar Dasgupta Chairpersons: Prof (Dr) Tushar Kanti Mondal Prof.(Dr.) Saugata Samanta, Dr Surajit Lahiri</p> <p>Session 2 : 4:00 – 4:30 PM Colorectal Cancer: Current Insights on Prevention and Early Diagnosis</p> <p>Speaker: Dr Kaustav Chatterjee</p> <p>Chairpersons: Prof. (Dr.) Abhiram Maji Dr. Soumalya Ray, Dr Ritesh Singh</p>	<p>Session 1: 3:30-4:00 PM Rabies Prevention and Animal Bite Management: Emerging Evidences and Advances</p> <p>Speaker: Dr.Manish Kr Singh</p> <p>Chairpersons: Prof (Dr.) Samir Ray, Prof (Dr.) Tarun Kumar Sarkar, Dr. Eashin Gazi</p> <p>Session 2: 4:00 – 4:30 Rolling out of the NP-NCD program- A step towards longer life expectancy for India</p> <p>Speaker: Dr Soumyaneel Das</p> <p>Chairpersons: Prof.(Dr.) Pranita Taraphdar, Prof (Dr) Sujishnu Mukhopadhyay, Dr. Shamima Yasmin</p>	
4:30 -5:30 PM		<p>IAPSM Governing Body Meeting (Along with Session on JCH)</p>		

**Prafulla Chandra Sen Govt Medical College and Hospital, Arambagh,
10-11th April, 2026**



41st IAPSMWBCON 2026



Day2-11th April 2026 (Saturday)

PC Sen Hall (Auditorium) (2nd Floor)	Raja Rammohan Hall [LT-4] (5th floor)	Vidyasagar Hall [LT-5] (5th floor)	Hall-3 [MEU Centre](5 th Floor)	
Session 1: MM Ganguly Young Scientist Oral Presentation				
Session 2: Akalanka Bhandari Best Research Proposal				
Session 1: PG Public Health Quiz (Mogojastro Season 3) Preliminary Round Moderator: Dr. Anindita Maiti	Session 1: 11:00 – 11:30 "STOP SNORE LIVE MORE " -Public health approach to Sleep Breathing Disorder (SBD) Speaker: Prof (Dr) Manoj Mukherjee Chairpersons: Prof.(Dr.)Nabanita Bhattacharyya, Dr. Gaurav Manna Session 2: 11:30-12:00 HIV Act and Pre-exposure Prophylaxis Speaker: Dr. Somnath Naskar Chairpersons: Prof.(Dr.) Dipak Pal, Prof. (Dr.) Pankaj Mandal, Dr Avisek Gupta	Session 1: 11:00 - 12:00 Panel discussion on UG Evaluation Panelists: Prof.(Dr). Mausumi Basu, Prof (Dr) Sarmila Mallik (1), Prof.(Dr.) Pranita Taraphdar, Prof (Dr) Nirmalya Sinha, Dr Gandhari Basu Moderator: Prof.(Dr.) Aditi Aikat	Session 1: 11:00- 12:00 Free Faculty Oral Paper Presentation Chairpersons: Prof.(Dr) Sanjoy Kumar Sadhukhan, Prof.(Dr.)Narendra Nath Naskar	

**Prafulla Chandra Sen Govt Medical College and Hospital, Arambagh,
10-11th April, 2026**



41st IAPSMWBCON 2026



12:00 – 1:30 PM	<p>Session1: 12:00 – 12:30 Role of gut microbiota in NCDs and their prevention/treatment Speaker: Dr Santasabuj Das, Director ICMR NIRBI</p> <p>Chairpersons: Prof.(Dr.) Lina Bandhyopadhyay, Dr.Sutapa Mandal</p> <p>Session 2: 12:30- 1:00 PM Panel Discussion : Medical Nutrition Therapy Panelists: Ms Amrita Hazra , Prof. (Dr.) Baijayanti Baur</p> <p>Moderator: Dr S. N. Jha</p> <p>Session 3: 1:00- 1:30 PM Diabetesity : Present and Future Speaker: Prof. (Dr.) Rana Bhattacharya</p> <p>Chairpersons: Prof. (Dr.) Samir Dasgupta, Prof (Dr.) Dipendra Narayan Goswami</p>	<p>Session1: 12:00 – 12:30 Oral Cancer and Oral Potentially Malignant Disorders: A Preventable Public Health Crisis in India Speaker: Dr Sk Wasim Nawaz Chairpersons:Dr.Sonali Sain, Dr Abhishek De</p> <p>Session 2: 12:30 – 1:00 Grace in motion, Peace in sound: integration of expressive therapies in palliative care :Symposium Speakers: Dr. Satabdi Mitra, Sohini Bhattacharya Chairpersons: Prof (Dr.) Prasanta Ray Karmakar, Prof.(Dr.) Subhra Samujjwal Basu</p>	<p>Session 1: 12:00 – 12:30 BLS Speaker: Dr. Tofazzel Haque Sahana</p> <p>Chairpersons: Prof.(Dr.)Sharmistha Bhattacharjee, Dr.Suchismita Pal, Dr. Ritu Ghosh</p> <p>Session 2: 12:30 – 13:00 Environmental health hazards. Some of the lots</p> <p>Speaker: Dr Manojit Mookerjee Chairpersons: Prof.(Dr.) Ramaprasad Roy, Prof.(Dr.)Arup Chakraborty</p>		
01:30PM-2 PM	LUNCH				
2-3:30 PM	<p>PG Public Health Quiz (Mogojastro Season 3) - Final Round</p> <p>Moderator: Dr.Anindita Maiti</p>				
3:30PM-4:00 PM	<p>Valedictory session</p>				

**Prafulla Chandra Sen Govt Medical College and Hospital, Arambagh,
 10-11th April, 2026**



Abstracts

Abstracts selected for Prof. Manimoy Ganguly Memorial Best Research Paper Award for Young Scientist

Spatio-temporal trends, hotspot identification, and household-level risk assessment of vector-borne diseases in urban slums of Kolkata: a five-year record review and community survey

Dr. Anindita Mondal

Background: Dengue and malaria pose a considerable public health burden in urban slum settlements, where poor drainage, inadequate water storage, and overcrowding favour mosquito breeding. Evidence combining spatial analysis of routine surveillance data with household-level risk assessment from UPHC settings in India remains limited.

Objectives: To analyse spatio-temporal trends of dengue and malaria, identify transmission hotspots within a UPHC catchment in Kolkata, and assess household knowledge, preventive practices, and environmental risk in the identified hotspot areas.

Methods: A community-based cross-sectional study was conducted in an urban UPHC in Kolkata. Surveillance records (2021–2025) were mapped using QGIS to identify hotspot localities through kernel density analysis. A household survey (n = 172), selected by systematic random sampling, was conducted in hotspot areas. Knowledge, preventive practices, environmental risk, and entomological indices were assessed. Logistic regression was used to examine the association between knowledge–practice levels and environmental risk.

Results: Both diseases showed a monsoon and post-monsoon seasonal pattern. Dengue cases clustered in the densely populated rail-side slum settlements, while malaria cases concentrated near the Adi Ganga canal. Awareness of dengue and malaria was high (95.3% and 88.4%), but less than half correctly identified the breeding habitat of *Aedes* mosquitoes, and source-reduction practices were inadequate in most households. Overall, 54.7% of respondents had unsatisfactory knowledge–practice levels, and 72.1% of households had moderate-to-high environmental risk. The Breteau Index of 33.7 indicated a significant risk of a dengue epidemic. Households with unsatisfactory knowledge–practice levels had over twice the odds of moderate-to-high environmental risk (OR = 2.22; 95% CI: 1.11–4.48; p = 0.034).

Conclusion: Transmission in this setting appears to be influenced by seasonal variation, spatial clustering, and household-level factors acting together. Targeted vector control in identified hotspot areas, along with improved household preventive practices through community engagement, may help reduce transmission in similar urban slum settings.

Keywords: vector-borne diseases; urban slums; spatial analysis; knowledge–practice; entomological indices



Comparative Evaluation of BMI, Body Roundness Index, and A Body Shape Index for Predicting Hypertension among Adults Attending a Tertiary Care Hospital in West Bengal: A Cross-sectional Study

Dr. Sahanur Mondal

Background: Hypertension is a major public health problem and a leading risk factor for cardiovascular diseases worldwide. Although Body Mass Index (BMI) is widely used for obesity assessment, it does not adequately capture central adiposity, which is more strongly associated with cardiometabolic risk. Newer anthropometric indices such as Body Roundness Index (BRI) and A Body Shape Index (ABSI) have been proposed to better reflect body fat distribution and improve risk prediction.

Objectives: To assess the correlation between anthropometric indices (BMI, BRI, and ABSI) and blood pressure levels and to compare their predictive abilities in identifying hypertension among adults.

Materials and Methods: A hospital-based cross-sectional study was conducted among 475 adults attending the General Medicine Outpatient Department of a tertiary care hospital in West Bengal from July to December 2025. Participants were selected using systematic random sampling. Anthropometric measurements including height, weight, waist circumference, and hip circumference were recorded using standardized methods. BMI, BRI, ABSI, waist-to-hip ratio (WHR), and waist-to-height ratio (WHtR) were calculated. Hypertension was defined as systolic blood pressure ≥ 140 mmHg and/or diastolic blood pressure ≥ 90 mmHg. Associations were assessed using Chi-square test and Pearson correlation. Multivariable logistic regression was performed to identify independent predictors of hypertension. Receiver Operating Characteristic (ROC) curve analysis with Youden Index was used to determine optimal cut-off values and predictive performance.

Results: Among 475 participants, 34.9% were hypertensive. Significant associations were observed between hypertension and all anthropometric indices ($p < 0.001$). BMI, BRI, WHR, WHtR, and waist circumference showed significant positive correlations with both systolic and diastolic blood pressure, whereas ABSI showed weak or non-significant correlations. In multivariable analysis, BMI (AOR=1.06), BRI (AOR=1.24), WHR (AOR=59.46), WHtR (AOR=117.01), and waist circumference (AOR=1.03) were significantly associated with hypertension, while ABSI was not. ROC analysis showed WHR had the highest discriminatory ability (AUC=0.647), followed by WHtR and BRI (AUC=0.644 each). ABSI showed the lowest predictive performance (AUC=0.593).

Conclusion: Central obesity indices, particularly WHR, WHtR, and BRI, demonstrated better predictive ability for hypertension compared with BMI and ABSI. However, overall discrimination remained modest, suggesting that anthropometric indices should be used alongside other clinical risk factors in hypertension screening.

Keywords: Hypertension; Body Mass Index; Body Roundness Index; A Body Shape Index; Anthropometric indices; ROC analysis



Assessment of Health Literacy and its Determinants Among the Rural Population of Budge Budge II Block, South 24 Parganas: A Cross-Sectional Study

Dr. Suvankar Banerjee

Background: Health literacy (HL) is a critical determinant of individual and population health outcomes, enabling people to access, understand, and use health information effectively. In low- and middle-income countries such as India, inadequate health literacy remains a major public health challenge, particularly in rural settings. This study aimed to assess the level of health literacy and identify its sociodemographic and health-related determinants among the rural population of Budge Budge II Block.

Objectives: (1) To assess HL levels using the HLS-EU-16 among adults of Budge Budge II Block; (2) To identify associated sociodemographic, health-related, determinants.

Methods: A Community-based cross-sectional study was conducted among 203 adults selected by multistage random sampling from multiple villages of Budge Budge II block from 9th September to 10th November, 2025. HLS-EU-16 questionnaire (0–50 score scale) was used. Data were analyzed by descriptive statistics and Pearson chi-square test (significance: $p < 0.05$).

Results: Inadequate HL (insufficient + problematic) was present in 73.9% ($n=150$). Specifically, 50.74% had insufficient HL, 23.15% problematic, 14.78% sufficient, and 11.33% excellent HL. Age, gender, educational status, occupational status, socioeconomic status, family size, chronic illness, long-term medication, health facility type, distance to health facility, health information source, and ability to understand written health information were significantly associated ($p < 0.05$).

Conclusion: High prevalence of inadequate HL was observed. Educational attainment and functional literacy were found to have strong associations. Community-based health camps with audio-visual health literacy interventions are urgently needed for rural West Bengal.

Keywords: *Health literacy; HLS-EU-16; Rural West Bengal; Cross-sectional study; Community health*



Research Proposals shortlisted for Best Research Proposal Grant initiated by
Prof. Akalanka Bhandari

SI No	Name	Title
1	Dr. Shilpa Mondal	A Latin Square Trial Comparing Mindfulness, Gratitude Journaling and Peer-Led Discussion on Mental Wellbeing among Adolescent Girls in a School of Kolkata
2	Dr. Shuvro Bhattacharya	Invisible Plastics, Shared Health: A Community-Based One Health Assessment of Household Microplastic Exposure at the Human-Animal-Plant Interface
3	Dr. Arghya Roy	Knowledge, Attitudes and Adaptive Practices Related to Climate Change in a Selected Slum of Kolkata, West Bengal: A Mixed Methods Study

Papers shortlisted for Prof. Ranadeb Biswas Memorial Award Poster Presentation

SI No	Name	Title
1	Dr. Sumit Saha	Association between perceived school climate and bullying behaviour among middle school students of Siliguri, West Bengal
2	Dr Prianku Jana	Title: Risk Factor Profiling of SNCU Admitted Babies with Birth Asphyxia in Selected Government Hospitals of West Bengal
3	Dr Vighnesh Devulapalli	Exploring Healthcare Seeking Behaviour in women residing in tea-gardens of Darjeeling District: A Mixed-Methods Study
4	Dr. Avijit Dey	“Role of Self-esteem, Peer Pressure and Gender on Depression among School Going Adolescents: A Moderated Mediation Analysis”



41st IAPSMWBCON 2026



Faculty paper presentations

Sl.No	Name	Title
1	<i>Dr Poulomi Mukherjee</i>	Treatment outcome and adverse drug reactions among non-diabetic, controlled and poorly controlled diabetic tuberculosis patients in Kolkata -a longitudinal descriptive study
2	<i>Dr. Indradeep Ganguly</i>	A Study on Complications of Type 2 Diabetes Mellitus and Its Effects on Quality of Life among Adult Population in Rural Paschim Bardhaman.
3	<i>Dr. Soumik Roy</i>	Impact of Socio-demographic profile over TB treatment outcome in rural area of West Bengal – A Longitudinal Study.
4	<i>Dr. Soumit Roy</i>	Comparison of Diagnostic Accuracy of FNI, NFS, Fib-4 and SAFE scores among USG -proven Non-Alcoholic Fatty Liver Disease Patients Attending Medical College of West Bengal.

Free Oral paper presentations

Sl No	Name	Title
1	<i>Dr. Rajarshi Bhattacharyya</i>	Breastfeeding Awareness and Attitudinal Correlates Among Mothers of Newborns in a Tertiary Care Institution in Kolkata
2	<i>Dr. Sayantan Das</i>	Psychological Distress and Quality of Life among Women with Polycystic Ovary Syndrome: A Case-Control Study from a Tertiary Care Hospital in Eastern India
3	<i>Dr. Tayani Pal</i>	Prevalence of Text Neck Syndrome Among the Undergraduate Medical Students of a Medical College in Kolkata: A Cross -Sectional Study
4	<i>Dr. Prabuddha Goswami</i>	Effectiveness of an Educational Intervention on the Perceptions of Hospital Support Staff regarding "One Health": A Mixed Method Study

**Prafulla Chandra Sen Govt Medical College and Hospital, Arambagh,
10-11th April, 2026**



41st IAPSMWBCON 2026



5	<i>Dr. Aishi Roy</i>	Health at Your Wrist: Comparative Evaluation of Smartwatches and Digital Blood Pressure Monitors Against Traditional Blood Pressure Measurement Techniques in Kolkata – A Cross-sectional Study.
6	<i>Dr. Prithwish Sarkar</i>	“An Observational Study to Assess Barriers, Facilitators, Compliance and Treatment Satisfaction among People Who Inject Drugs on Opioid Substitution Therapy Attending a De-Addiction Centre of Kolkata”
7	<i>Dr. Sayantan Mukhuty</i>	Burden of Somatic Symptom Disorder and its Relation with Anxiety Among The Patients Attending a Medical College in Kolkata, India
8	<i>Dr. Manabendra Sautey</i>	Evaluation of Completeness of Mother and Child Protection Card Entries among 12–23 Months Children in Rural Field Practice Area of Medical College, Kolkata.
9	<i>Dr. Rohan Halder</i>	Telemedicine services through urban primary health care delivery system-Utilization pattern and beneficiary satisfaction at Berhampore Municipality, Murshidabad, West Bengal
10	<i>Dr. Annet Cecil Mathew</i>	Case based surveillance of Measles Rubella-A five year record analysis in a block of Murshidabad district, West Bengal
11	<i>Dr. Mani Roy</i>	Exploring the opportunities and constrains of Family Adoption Programme: Insights from undergraduate medical students in a medical college, West Bengal
12	<i>Dr. Shuvro Bhattacharya</i>	Effect Of Pen Ink Colour On Immediate And Delayed Memory Recall Among Medical Students: A Quasi-Experimental Study
13	<i>Dr. Nibedita Bala</i>	A study on prevalence of NCD risk factors and its association with work-related stress among School Teachers in an urban area of West Bengal
14	<i>Dr. Dibyendu Halder</i>	A Cross-Sectional Study on Gaming Addiction and Its Effects Among Teenagers of a Slum in Kolkata
15	<i>Dr. Anindya Bhattacharyya</i>	A Cross-Sectional Study on Adverse Drug Reaction Patterns among Drug-Resistant Tuberculosis Patients in the District of Murshidabad, West Bengal
16	<i>Dr Thungjamo E Jungio</i>	Study on Social Isolation, Loneliness, and their Relationship with Mental Health among Elderly in Nyiro Range, Wokha, Nagaland
17	<i>Dr Tamalika das</i>	Mental Health Status And Its Associates Among Adult Tribal Women in a Selected Area of West Bengal

**Prafulla Chandra Sen Govt Medical College and Hospital, Arambagh,
10-11th April, 2026**



41st IAPSMWBCON 2026



Free Poster paper presentations

<i>Sl No</i>	<i>Name</i>	<i>Title</i>
1	<i>Dr. Uday Chand Ghosh</i>	Study on Morbidity Profile and Health Seeking Behaviour among Kantha Stitch Workers in a Rural Area of West Bengal
2	<i>Dr. Piush Pandey</i>	Two years evaluation of Measles epidemiological surveillance system in India (2023-2024): A Descriptive Study
3	<i>Dr. Sutanuka Saha</i>	Peer Pressure, stress and resilience among MBBS students of a medical college in Durgapur, west Bengal: a cross-sectional study
4	<i>Dr. Mousumi Khatun</i>	A Study on Perceptions Regarding AYUSH Services among Adults in a Slum of Kolkata
5	<i>Dr. Kausik Chatterjee</i>	Stress, Suicidal Behaviour, and Coping Mechanisms among Post-Graduate Medical Residents of India: A Cross-sectional Study.

**Prafulla Chandra Sen Govt Medical College and Hospital, Arambagh,
10-11th April, 2026**



Felicitation of Class Assistants

SI No	Name of the College	Senior Class Assistant	Junior Class Assistant
1	Jalpaiguri Government Medical College	Asmita Saha	Indranil Sahu
2	Malda Medical College	Soumyajit Khatua	Ishan Dey Sarkar
3	Burdwan Medical College	Srijani Banerjee	Nilanjana Samanta
4	Barasat Govt Medical College	Prithwish Mitra	
5	Rampurhat Govt Medical College	Arghya Dutta	Rudradeb Dutta
6	ICARE Institute of Medical Sciences, Haldia	Ankita Chowdhury Nandini Halder	Satarupa Tripathy
7	Deben Mahato Government Medical College, Purulia.	Karima Khatun	Ankita Maiti
8	Diamond Harbour Government Medical College	Shina Ali	Dhruv Sinha
9	Sarat Chandra Chattopadhyay Govt. Medical College	Satarupa Mondal	Meherunnesa Khatun
10	SRIMS and Sanaka Hospital	Anushka Saha.	Rochita Ghosh
11	Jhargram Government Medical College	Jhilar Pradhan	Aditi Deb
12	MJNMCH, Coochbehar	Mainak Dutta	Saikat Chakraborty
13	Murshidabad Medical College	Abdul Ajj	Gargi Chakraborty
14	Jagannath Gupta Institute of Medical Sciences, Budge Budge	Namrata Pal	
15	College of Medicine & Sagore Dutta Hospital, Kamarhati	Ahana Chatterjee	Astha Bhattacharya
16	NRS Medical College, Kolkata	Arjama Ray Karmakar	Kamalika Maitra Kasita Panda
17	Tamralipto Government Medical College	Soumita Mandal	Saikat Bera Pratyush Choudhary



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18	KPC Medical College, Jadavpur	Ankita Sengupta	
19	ESI-PGIMSR (Joka)	Sourjo Basu	Sk. Md Tanish
20	Prafulla Chandra Sen Govt. Medical College, Arambagh	Ramyorup Pal	Omkar Pal
21	Medical College, Kolkata	Sampoorna Ghosh	Sulagna Ghosh
22	Calcutta National Medical College	Anubhab Datta	Swaprativ Roy
23	Bankura Sammilani Medical College	Anjali Singh	Srinjoy Roy
24	IPGMER, Kolkata	Subhadip Maji	Shubhashish Paul
25	Midnapore Medical College	Pragati Ranjan Sarkar	Md Saif Ansari
26	North Bengal Medical College	Arunava Bakshi	Biplab Mandal
27	IQ City Medical College	Deb Prasanna Ray	Teerna Chakraborty

With Best Compliments from

A Well Wisher

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Pre-conference CMEs

IAPSMWBCON 2026

41ST ANNUAL STATE CONFERENCE OF
IAPSM WEST BENGAL STATE CHAPTER



Hands-on Workshop on AUTIZ-FAP e-Logbook

PRE CONFERENCE WORKSHOP OF IAPSMWBCON 2026

FACULTY

Dr Samudyatha UC

Associate Professor
Dept of Community Medicine
Sri Devaraj Urs Medical College,
Kolar, Karnataka

Dr Sunil BN

Professor and Head
Dept of Community Medicine
Sri Devaraj Urs Medical College,
Kolar, Karnataka

RESOURCE PERSONS

Dr Mausumi Basu

Prof & HOD, Community Medicine,
IIMSAR & BCRHH

Dr Surajit Lahiri

Associate Professor,
Community Medicine,
IPGMR & SSKM

Dr SK Golam Mortuja

HOD, Community Medicine,
Jalpaiguri Government Medical
College & Hospital



APRIL 4, 2026



9AM TO 3PM



Dept of Community Medicine, Barasat Govt Medical College

ABOUT THE WORKSHOP

Family Adoption is a longitudinal activity in the CBME curriculum for MBBS students. AUTIZ e-logbook aims to make this activity simpler and reduce the burden on Faculty by providing a ready to use digital solution .

AUTIZ-FAP e-Logbook is an Automated, User-friendly, Time saving, Indigenous, Zero-cost digital platform for effective implementation of the Family Adoption Programme, enabling seamless student documentation, family tracking, and faculty monitoring. Continuous online support for implementation will be provided by the AUTIZ Core team.

OBJECTIVES

- Hands-on training in effective use of AUTIZ FAP e-Logbook
- Access to a complete, ready-to-use AUTIZ e-logbook
- Practical insights into organization, coordination, and team building for FAP implementation

ELIGIBILITY/ PRE-REQUISITE

Faculty, Senior Residents & Post Graduates in Community Medicine working in any medical College across the state are welcome to participate.

LAST DATE OF REGISTRATION 24TH MARCH, 2026

Registration Fee: INR 1000 only

Please register through online Google Form.

Registration link: <https://forms.gle/Xnftikw3PuQ9rnkT6>



SCAN FOR
REGISTRATION

SCAN FOR
PAYMENT



ORGANIZING COMMITTEE

Prof Dr Kunal K Majumdar

President
IAPSM WB chapter

Prof Dr Mausumi Basu

Hony Secretary
IAPSM WB Chapter

Prof Dr Ramaprasad Roy

Organizing Chairperson
IAPSMWBCON 2026

Dr Sankar N Jha

Organizing Secretary
IAPSMWBCON 2026

Dr Sanghamitra Maulik

Organizing Chairperson
Pre Conference workshop

Dr Anirban Dalui

Organizing Secretary
Pre Conference workshop

We look forward to your valuable participation.
Kindly circulate among interested faculty.

Contact us:
9123305886
9432082978

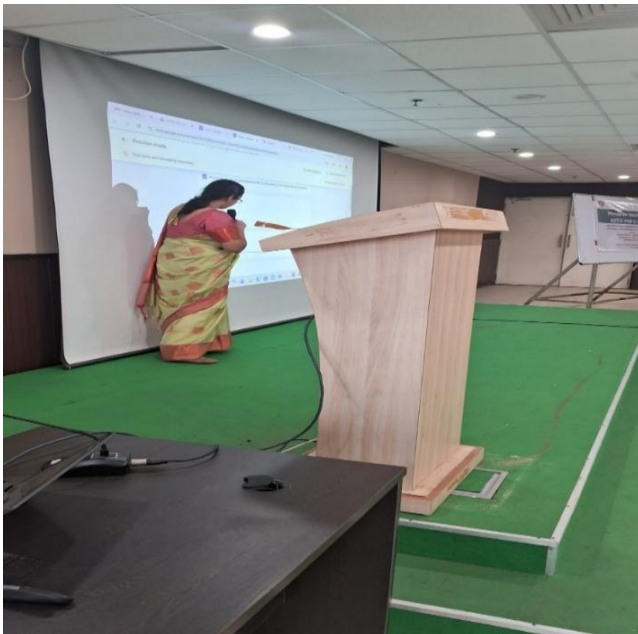
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10-11th April, 2026**



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Highlights of Pre-conference CME on “AUTIZ FAP e-Logbook” conducted at Barast Govt Medical College on 4th April, 2026



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Use of AI in Medical Education

41st IAPSMWBCON 2026, West Bengal Chapter

Prafulla Chandra Sen
Government Medical
College

Pre-Conference Workshop

APRIL 9, 2026
10:00 AM



[Click to Register](#) +

Explore AI's role in revolutionizing medical education and enhancing student learning experiences.



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Highlights of Pre-conference CME on *“Use of AI in Medical Education”* conducted at PC Sen Govt Medical College on 9th April, 2026



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Down the Memory Lane



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NCDs Across the Life Course: Prevention, Care and Equity

